

Alameda Resources

Housing

	Website	Telephone	Address	Languages Spoken
<p>Eden Council for Hope & Opportunity (ECHO)</p> <p>Offer fair housing counseling/investigation. Landlord/Tenant counseling and dispute resolution. Rent/Deposit Grant Program. Rental Assistance program for Dublin, Livermore, Pleasanton, and San Leandro</p>	<p>www.echofairhousing.org/home.html</p>	<p>510-496-0496</p>	<p>1305 Franklin Street #305 Oakland, CA</p> <p>3311 Pacific Avenue Livermore, CA</p>	
<p>Satellite Affordable Housing Associates (SAHA)</p> <p>Affordable housing communities. Must meet certain eligibility requirements</p>	<p>www.sahahomes.org/</p>	<p>510-647-0700</p>	<p>1521 University Ave., Berkeley, CA</p>	
<p>Men's Housing Program</p> <p>Open 5 PM-7 AM daily. Call 1-866-960-2132 for reservation. Offer temporary housing.</p>		<p>510-649-4980 (call by 4 PM)</p>	<p>1931 Center Street Berkeley, CA</p>	
<p>Women's Overnight Shelter</p> <p>Temporary housing for women. Suitcase Clinic, open for drop-in clients, Mondays 7:30-9:30 PM. Lifelong Medical Care Mondays, 9 AM-1 PM</p>		<p>510-649-4965</p>	<p>2140 Dwight Way Berkeley, CA</p>	
<p>Building Opportunities for Self-Sufficiency (BOSS)</p> <p>Provide short-term and transitional housing for homeless individuals and families. Operate housing for clients with special needs (short-term and long-term). Also assist in rapid housing.</p>	<p>www.self-sufficiency.org</p>	<p>510-649-1930</p>	<p>2065 Kittredge Street, Suite E Berkeley, CA</p>	
<p>BOSS Ursula Sherman Village</p> <p>Sign-up for lottery at 1931 Center St., Berkeley</p> <p>Short-term and transitional housing for men, women, and families.</p>		<p>510-843-3700</p>	<p>711 Harrison St. Berkeley, CA</p>	
<p>CityTeam International</p> <p>Men's Emergency and Transitional Shelter</p> <p>\$3/night, showers, breakfast served for those staying in shelter.</p>		<p>510-452-3758</p>	<p>722 Washington (at 7th St) Oakland, CA</p>	
<p>Emergency Storm Shelter</p> <p>Services November-April</p> <p>Location provided by First Congregational Church</p> <p>Open on nights when "Open" sign is posted, when raining or especially cold, and when facility is available</p>		<p>510-684-1892</p>	<p>Berkeley, CA</p>	
<p>BOSS Emergency Shelter Family Wing</p> <p>Emergency shelter for families</p>		<p>510-525-4469</p>	<p>711 Harrison St at 4th St. Berkeley, CA</p>	
<p>Henry Robinson Multi-Service Shelter</p> <p>Emergency and transitional housing for families or individuals with children</p>		<p>510-419-1010</p>	<p>559 16th St. & Clay Oakland, CA</p>	
<p>Salvation Army Shelter Program</p> <p>Shelter program for families or individuals with children</p>		<p>510-437-9437</p>	<p>2794 Garden St. & E 27th St. Oakland, CA</p>	
<p>Youth Engagement Advocacy and Housing (YEAH)</p> <p>Mid-November to beginning of May</p> <p>Emergency shelter for ages 18-25</p> <p>Pets allowed; showers; hot meals</p>			<p>Lutheran Church of the Cross 1744 University Ave. & Grant Berkeley, CA</p>	
<p>East Bay Community Recovery Project</p> <p>Homelessness prevention and rapid re-housing program. Assist individuals who qualify as homeless and have a co-occurring disorder due to mental illness, chronic drug or alcohol dependence, HIV/AIDS and/or Hepatitis C infection.</p>	<p>www.ebcrcp.org</p>	<p>510-446-7100</p>	<p>2579 San Pablo Ave. Oakland, CA 2730 Adeline St. Oakland, CA</p>	
<p>A Safe Place</p> <p>Emergency shelter for women in crisis (and children) who are in danger from domestic violence</p>	<p>www.asafeplacedvs.org</p>	<p>510-536-7233 (24-hour crisis line)</p>		
<p>Bay Area Community Health Services (BACS)</p> <p>Oakland Winter shelter, Rapid re-housing, homeless outreach programs</p>	<p>www.bayareacs.org</p>	<p>510-613-0330</p>	<p>1814 Franklin Street Fourth Floor, Oakland, CA</p>	
<p>Meals</p>				
<p>CityTeam International</p> <p>Hot dinner served every day for men, women, and children.</p>	<p>www.cityteam.org/Oakland</p>	<p>510-452-3758</p>	<p>722 Washington (at 7th St) Oakland, CA</p>	
<p>Berkeley Food and Housing Project</p> <p>Drop-in center (10-2 PM), meal program and assistance finding permanent housing.</p>	<p>www.bfhp.org</p>	<p>Reservation hotline: 1-866-960-2132 Drop-in Center: 510-649-4965</p>	<p>Multi-Service Center 2362 Bancroft Way, Berkeley, CA</p>	
<p>Women's Day Services</p> <p>Drop-in resource center for women (alone or with children); hot lunch served at noon</p>		<p>510-649-4965</p>	<p>2140 Dwight Way Berkeley, CA</p>	

Women's Daytime Drop-In Center (WDDC) Drop-in center for homeless women and children. Provide breakfast and lunch.	www.womensdropin.org	510-548-2884	2218 Acton Street Berkeley, CA	
DreamCatcher Youth Support Drop-in Center Drop-in center for ages 13-18 Free dinner, washer/dryer			422 Jefferson St. & 5th St. Oakland, CA	
Suitcase Clinic Youth Clinic Drop-in center for ages 13-25. Free dinner		510-423-3303	St. Mark's 2nd Floor 2300 Bancroft & Ellsworth Berkeley, CA	
Youth Engagement Advocacy and Housing (YEAHI) Mid-November to beginning of May Emergency shelter for ages 18-25 Pets allowed; showers; hot meals	www.yeah-berkeley.org	510-704-9867	Lutheran Church of the Cross 1744 University Ave. & Grant Berkeley, CA	
St. Vincent de Paul Visitation Center Drop-in center for Women (alone or with children), Breakfast & lunch in exchange for chore		510-444-3790	2260 San Pablo & West Grand Ave. Oakland, CA	
Food Not Bombs M-F People's Park in Berkeley 3 PM Thurs. recycling center at 34th and Peralta in Oakland 1:30 PM Sunday 14th and Jefferson in Oakland after 3 PM	www.ebfnb.org		Various locations in Berkeley and Oakland	
Boys 2 Men Youth Outreach Food pantry, Fridays 1-2 PM	www.boys2menyo.wix.com/b2myof#!	510-434-0333	5319 Fairfax Ave at Foothill Oakland, CA	
Mercy Brown Bag Program Food bag, Tuesdays and Thursdays Seniors 60+, meet income requirements \$10/yr donation request	www.mercyretirementcenter.org/blog/mercy-brown-bag-program.html	510-534-8540	3431 Foothill Blvd at 35th Ave. Oakland, CA	
Oakland Catholic Worker Thursdays 12:00 PM-1:30 PM, Food Bags	www.oaklandcatholicworker.org	510-533-7375	4848 International Blvd at 50th Ave. Oakland, CA	Spanish, English
Fruitvale Presbyterian Church/Community Outreach Pantry for Emergencies (COPE) 2nd, 4th Saturday (Nov/Dec: 1st, 3rd Sat) 11 AM-12 PM: Food Pantry Wednesdays 9:30 AM-1:30 PM: Brunch		510-530-0915	2735 MacArthur Blvd. at Coolidge Ave. Oakland, CA	
Shiloh Mercy Ministries Emergency Food Box (USDA) 1x/month USDA - ID needed from each household member and income is 150% federal poverty level Monday-Friday 10 AM-3:30 PM		510-436-0390	3300 School St. Oakland, CA	
Shiloh Mercy Ministries USDA Food Pantry - USDA - ID needed from each household member and income is 150% federal poverty level 2nd Wednesday 10 AM-12 PM, doors open at 8 AM		510-436-0390	3295 School St. Oakland, CA	
Acts Full Gospel - Feed the Hungry Program Box of food, 3rd Saturday of the month, 12 PM- 1 PM		510-567-1300	9440 International Blvd at 95th Ave. Oakland, CA	
Community Reformed Church MWF 11:30 AM Food Bag (Alameda Co. Food Bank registration required) Thursdays 12:30 PM-2:30 PM Food Giveaway, no registration required, get there early		510-638-5912	457 Capistrano Drive at 105th Ave. Oakland, CA	
East Oakland Boxing Association 2nd Wednesday, 8:30 AM-10:30 AM Food Bag- no registration required	www.eoba.org	510-430-8056	816 98th Ave at San Leandro St. Oakland, CA	
East Oakland Multi-Purpose Senior Center MWF 9:30 AM Food Giveaway - Can drop by, but better to be registered with Senior Ctr. (55+, complete application + \$12/yr) Monday-Friday 12 PM Lunch - Senior Ctr members only		510-615-5731	9255 Eden St. at 85th St. Oakland, CA	
Unity Outreach Ministries 3rd Friday of the month 12 PM - Food Bag, ID Required		510-652-0789	9941 D St. at 100th Ave. Oakland, CA	
Brookins AME Church 4th Monday 9 AM Food pantry - Alameda Co. Food Bank registration + ID required		510-568-8954	2201 73rd Ave at Arthur St. Oakland, CA	
Center of Hope Community Church Wednesday, 9 AM-2 PM Food bag, no registration necessary		510-562-3201 510-633-5133	8411 MacArthur Blvd at 84th Ave. Oakland, CA	
Lifelong East Oakland Clinic Monday 9 AM-12 PM Free Farmer's Market	www.lifelongmedical.org	510-563-4300	10700 MacArthur Blvd at 108th Ave. Oakland, CA	

Project Outreach Inc Thursdays, 12 PM-3 PM Food Pantry	510-382-1360	6629 Bancroft Ave. at Havenscourt Blvd. Oakland, CA
Grupo de la Comida/CRECE at Santiago Episcopal Church Fridays, 8-9am (sign up) 11:30am-12pm (food pick up) Must come in the morning to sign-up for food bag	510-533-2136	1540 12th Ave. at Foothill Blvd. Oakland, CA
Harbor House Tues. & Thurs 10 AM-11:30 AM 3-day food supply - MUST make appointment, limit 3 per year. Also have clothing	510-534-0165	1811 11th Ave (@ E. 18th St) Oakland, CA
Lake Merritt United Methodist Church 2nd Saturday and last Sunday of the month, 12 PM Food Bag- no registration required	510-465-4793	1330 Lakeshore Ave at 1st Ave. Oakland, CA
Zion's Tabernacle Church OGIC Every Monday except the 1st of the month. Numbers dispersed at 10 AM, food bag giveaway starts at 1:15 PM. Come early to receive number and be told the time to return.	510-533-2353	2147 E. 15th St. at 22nd Ave. Oakland, CA
Friendship Christian Church/Gerald Agee Ministries Food bag, I.D. and piece of mail with Alameda County address required	510-835-8539	1904 Adeline St. at 19th St. Oakland, CA
City Team Ministries Monday-Friday 1 PM-4 PM, Food bag - Alameda County Food Bank registration and I.D. required Everyday 8 PM Hot meal for the Homeless Free medical services provided and shelter available	www.cityteam.org/oakland/programs.php 510-452-3758	722 Washington St. at 8th St. Oakland, CA
Mt. Zion Missionary Baptist Church Friday, 11 AM -12:30 PM, Food box, come early, no registration required	510-893-2932	1203 Willow St. (@13th St.) Oakland, CA
West Oakland Food Pantry/Prescott Joseph Center 4th Saturday of the month, 12 PM (line-up early!) Food Bag - Document w/ West Oakland Address (I.D., bill) required	www.prescottjoseph.org/programs/food-pantry/ 510-208-5651	920 Peralta St. Oakland, CA
Downs Memorial United Methodist Church Wednesdays 11:30 AM, hot meal (lunch) 2nd and 4th Wednesdays, 3rd Friday Food Bag - Register on a Wednesday for \$2/year	510-654-5858	6026 Idaho St. Oakland, CA
First African Methodist Episcopal Church Tuesdays 9 AM, Food bag Tuesdays, Fridays 11:30 AM - 1:30 PM Hot meal No registration required	www.famechurch.org 510-655-1527	3701 Telegraph Ave. at 37th St. Oakland, CA
AIDS Project of the East Bay Monday-Friday 9 AM-4 PM Food Pantry 2 times/month (client chooses own food) HIV+ (Bring letter of dx, current labs, valid CA ID, proof of income, lease/rental agreement in Alameda County Also provide HIV Medical and Case Management	www.apeb.org 510-839-0578 510-663-7959	1320 Webster St. at 13th St. Oakland, CA
Greater St. Paul Church 3rd Saturday of the month, 10 AM, Food bag - I.D. required, will ask about income	510-452-0803	1827 Martin Luther King Jr. Way at 19th St. Oakland, CA
Project Open Hand Food Bank Monday-Friday 10 AM-2 PM, Food pantry - Seniors 60+ can sign up at site. Patients with HIV, Homebound, Breast cancer are eligible. Must have MD complete form. Also deliver hot meals	www.openhand.org 510-622-0221	1921 San Pablo Ave. Oakland, CA
St. Andrew Missionary Baptist Church Sunday, 12:30 PM Food Bag - I.D. Required	510-465-8023	2624 West St. Oakland, CA
Comerstone Baptist Church 4th Thursday of the month, 11 AM-1 PM Food Bag - I.D. or mail with proof address required	510-530-9166	3612 Patterson St. Oakland, CA
Allan Temple Baptist Church 1st/3rd Tuesday 9 AM Food Pantry - I.D. required 2nd/4th Friday Senior Brown Bag - Seniors w/I.D. pay \$10/yr 4th Monday 9 AM Food Pantry - I.D. required	510-544-8910	8501 International Blvd. Oakland, CA
Ariel Outreach Mission Twice a month, 2nd and 4th Thursdays, but can vary. Call for schedule. Food Pantry	www.arielom.org 510-388-3554	8825 International Blvd. Oakland, CA

East Oakland Switchboard Monday-Friday 10 AM-4 PM, 2 Food Bags - SSI printout + I.D. (or by Social Services Referral)	www.oaklandwiki.org/East_Oakland_Switchboard	510-569-6369	1909 73rd Ave. Oakland, CA	
Grace Baptist Church/Acts of Grace Food Pantry Ministry 2nd Wednesday, 12 PM-2 PM USDA Food Pantry - Alameda County Food Bank Registration + I.D. 4th Wednesday 2 PM-4 PM, 2 Food Bags - I.D. required		510-633-1552 510-504-9348 (Lola Hardy)	9714 Walter St. Oakland, CA	
St. Bernard Catholic Church 1st Thursday, 10:30 AM Food Bag - No registration required		510-632-3013	1620 62nd Ave. at E. 16th St. Oakland, CA	
Drop-in Centers				
Casa Segura Drop-in center for men and women; shower; washer/dryer, free condoms, HIV/Hep C testing (Tues. and Thurs. only)	www.casasegura.org	510-434-0307	5323 Foothill Blvd. Oakland, CA 94601	English, Spanish
Berkeley Food and Housing Project Drop-in center (10-2 PM), meal program and assistance finding permanent housing.	www.bfhp.org	Reservation hotline: 1-866-960-2132 Drop-in Center: 510-649-4965	Multi-Service Center 2362 Bancroft Way, Berkeley, CA	
BOSS Multi-Agency Service Center (MASC) Drop-in Center for Men & Women		510-843-3700	Basement of 1931 Center St., at MLK Berkeley, CA	
Coalition for Alternatives in Mental Health Drop-in center		510-653-3808	3234 Adeline St. Berkeley, CA	
A Friendly Manor/Place Drop-in Center for Women, Showers, washer/dryer		510-451-8923	2298 San Pablo at 23rd St. Oakland, CA	
Henry Robinson Multi-Service Drop-in Center Drop-in center for Men and Women, Showers, washer/dryer		510-419-1010	559 16th St. at Clay Oakland, CA	
St. Vincent de Paul CHAMPION Guidance Center Drop-in Center for Men, Showers, Washer/dryer		510-877-9218	675 23rd St. & MLK Jr. Way Oakland, CA	
St. Vincent de Paul Visitation Center Drop-in center for Women (alone or with children), Breakfast & lunch in exchange for chore		510-444-3790	2260 San Pablo & West Grand Ave. Oakland, CA	
Women's Day Services Drop-in resource center for women (alone or with children); hot lunch served at noon		510-649-4965	2140 Dwight Way Berkeley, CA	
Women's Daytime Drop-In Center (WDDC) Drop-in center for homeless women and children. Provide breakfast and lunch.	www.womensdropin.org	510-548-2884	2218 Acton Street Berkeley, CA	
DreamCatcher Youth Support Drop-in Center Drop-in center for ages 13-18 Free dinner, washer/dryer			422 Jefferson St. & 5th St. Oakland, CA	
Suitcase Clinic Youth Clinic Drop-in center for ages 13-25 Free dinner	www.suitcaseclinic.org/youth/	510-423-3303	St. Mark's 2nd Floor 2300 Bancroft & Ellsworth Berkeley, CA	
Medical Services				
Adult Day Health Center		510-563-4390	10700 MacArthur Blvd. Oakland, CA	
Adult Medical Services at Hotel Oakland General medical care, medical care for seniors, hospitalization and urgent care.	www.ahschc.org	510-986-8688	275 14th St. Oakland, CA	
Alameda County Health Care Services	www.acgov.org/health	510-532-1930	Oakland, CA	
Alameda County Medical Center		510-437-6470	Oakland, CA	
Albert J. Thomas Medical Clinic Ambulatory adult medical care	www.wohc.org/thomas.html	510-568-9230	10615 International Blvd. Oakland, CA	
Asian Health Services Primary health care and dental clinic. Primary health care and dental clinic.	www.asianhealthservices.org	510-986-6880	818 Webster St. Oakland, CA	English, Cantonese, Vietnamese, Mandarin, Karen Korean, Khmer, Mien, Mongolian, Tagalog, Lao and Burmese.
Asian Resource Center Clinic Low cost clinic, primary care services, Cancer screenings, TB screenings, adult immunizations, diabetes, and nutrition.	www.asianhealthservices.org	510-986-6830	310 8th St. Suite 103 Oakland, CA	
Axis Community Health	www.axishealth.org	925-462-1755	4361 Railroad Ave.	

Medical care, mental health counseling, and addiction counseling.			Pleasanton, CA	
Axis Community Health Medical care, mental health counseling, and addiction counseling.	www.axishealth.org	925-462-1755	3311 Pacific Ave. Livermore, CA	
Behavioral Family Support Services Services include Primary care, Women's Health, Adult Medicine, Pediatrics, Dental Care, Pharmacy, Laboratory, and health education. Low income and uninsured.		510-471-5880	22331 Mission Blvd. Hayward, CA	
Berkeley Adult Day Health Center Services include medical care, prenatal care, dental care, and mental health.	www.wohc.org/berk_adult_day.html www.adsnac.org/Programs/badhc.html	510-601-0169	1890 Alcatraz Ave. Berkeley, CA	English, Russian, and German
Berkeley Free Clinic All services are free. Services include medical and dental care, peer counseling, TB/HIV/Hepatitis testing	www.berkeleyfreeclinic.org	510-548-2570	2339 Durant Ave. Berkeley, CA	
Berkeley Primary Care Services include primary care for adults, women's health services (including pre- and post-natal care), mental health services, HIV/AIDS testing and treatment, podiatry, acupuncture, and chronic disease screenings.	www.lifelongmedical.org	510-204-4666	2001 Dwight Way Berkeley, CA	
Children's Hospital Medical Center	www.childrenshospitaloakland.org	510-428-3000	747 52nd St. Oakland, CA	
City of Berkeley Department of Health Services Public health, mental health, environmental health, and HIV/AIDS prevention services.	http://www.ci.berkeley.ca.us/dhs/	510-981-5300	Berkeley, CA	
Clinica Alta Vista Teen health center. Provides comprehensive health services for adolescents and young adults. Services include medical care, family planning, emergency contraception, prevention and treatment of STI's and oral testing for HIV.	www.laclinica.org/ClinicaAltaVista/	510-535-6300	1515 Fruitvale Ave. Oakland, CA	English, Spanish
Community Health Education Health education programs	www.laclinica.org/CHE/	510-535-6400	1531 Fruitvale Ave. Oakland, CA	
East Bay Community Recovery Project HIV/AIDS care and prevention services. HIV testing and outreach programs. Programs to stop smoking.	www.ebcrcp.org	510-446-7100	2579 San Pablo Ave., Oakland, CA 2730 Adeline St., Oakland, CA	
Native American Health Center Behavioral health, pedo-dental, WIC	www.nativehealth.org	510-535-4460 510-434-5300 (WIC)	3124 International Blvd. Oakland, CA	
Native American Health Center Medical, dental, nutrition and fitness	www.nativehealth.org	510-747-3030	2950 International Blvd. Oakland, CA	
East Oakland Health Center Services include primary medical care (adult medicine, pediatrics, and obstetrics), dental care, health education and WIC	www.wohc.org	510-430-9401	7450 International Blvd. Oakland, CA	
Eastmont Wellness Center Adult primary care, dental clinic, immunizations, obstetrics, seniors clinic, Immigration clinic, Refugee Health Screening Clinic.	www.eastmontahs.org	510-567-5700	6955 Foothill Blvd. Oakland, CA	
Frank Klang Medical Center Services include internal medicine, pediatric care, perinatal care, acupuncture, urgent care, behavioral health care, and nutrition counseling.	www.asianhealthservices.org	510-986-6860	250 East 18th St. Oakland, CA	
Highland Outpatient Services		510-437-8500	1411 East 31st St. Oakland, CA	
Interim Care Stable Site Clinic/St. Vincent's Homeless healthcare, open 7 hours per week.		510-636-4236	2272 San Pablo Ave. Oakland, CA	
La Clinica De La Raza – San Antonio Neighborhood Health Center Primary care clinic, urgent care, family planning services, prenatal care, behavioral health care, pharmacy, and WIC. Multilingual staff	www.laclinica.org/SANHC/	510-238-5400	1030 International Blvd. Oakland, CA	Spanish, English
Lifelong Medical Care – Downtown Oakland Clinic Services include primary care for adults, chronic disease screening and management, mental health services, podiatry, referrals to specialists and social services resources.	www.lifelongmedical.org	510-451-4270	616 16th St. Oakland, CA	
Lifelong Medical Care – Howard J. Daniel Clinic Services include primary health care for adults and children, women's health services, mental health services, health education and social services resources.	www.lifelongmedical.org	510-981-4100	9933 MacArthur Blvd. Oakland, CA	
Lifelong Medical Care – East Oakland Clinic Services include primary care for adults, chronic disease screening and management, mental health services, podiatry, referrals to specialists and social services resources.	www.lifelongmedical.org	510-981-4100	10700 MacArthur Blvd., Oakland, CA	
Lifelong Care—Over 60 Health Center	www.lifelongmedical.org	510-981-4100	3260 Sacramento St.	

Services include primary care for seniors, chronic disease screening and management, mental health services, referrals to specialists, health education and social services resources.				Berkeley, CA	
Newark Health Center	www.newarkahs.org	510-505-1600		6066 Civic Terrace Newark, CA	
Services include adult primary care, digital retinal screening, health maintenance, immunizations, laboratory services, mammograms, medical counseling, nutritionist services, obstetrics, orthopedics, podiatry, radiology, TB screening, Women's health services					
Planned Parenthood – Central Hayward Health Center	www.plannedparenthood.org	510-300-3800		1866 B Street Hayward, CA	
Abortion services, birth control, HIV testing, men's health care, emergency contraception, pregnancy testing, STD testing and treatment, and women's health care.					
Planned Parenthood – Eastmont Town Center Community Partnership	www.plannedparenthood.org	510-300-3800		7200 Bancroft Ave. Oakland, CA 94605	
Abortion referral, birth control, HIV testing, , men's health care, emergency contraception, pregnancy testing, STD testing and treatment, and women's health care.					
The Edge		510-790-2887 510-713-6690		39184 State St. Fremont, CA	
Health clinic that recognizes the needs of the LGBTQ community in Alameda County.					
Tiburcio Vasquez Health Center, Inc.	www.tvhc.org	510-471-5880		33244 Ninth St. Union City, CA	
Services include primary care, dental care, behavioral and mental health care, WIC, youth health services, family support services, and community health education.					
Tiburcio Vasquez Health Center, Inc. – Hayward	www.tvhc.org	510-471-5880		22331 Mission St. Hayward, CA	
Services include primary care, dental care, behavioral and mental health care, WIC, youth health services, family support services, and community health education.					
Tri-City Health Center	www.tri-cityhealth.org	510-770-8040 (appointment line)		39500 Liberty St. Fremont, CA	
Primary care, prenatal care, family planning, behavioral health, pediatrics, nutrition and the Teen City Clinic.					
Lifelong Medical Care—West Berkeley Family Practice		510-981-4100		2031 Sixth St., Berkeley, CA 837 Addison St., Berkeley, CA	
Services include primary health care for adults and children, chronic disease screening, women's health services, including pre- and post-natal care, referrals to specialists, mental health services, health education, and social services resources.					
West Oakland Health Center	www.wohc.org	510-835-9610		700 Adeline St. Oakland, CA 94607	
Services include adult medicine, obstetrics/gynecology, family planning, pediatrics, dentistry, optometry/ophthalmology, cancer and other health screenings. On-site pharmacy, laboratory, WIC, methadone maintenance					
AHS 835 Clinic	www.asianhealthservices.org	510-318-5800		835 Webster St. Oakland, CA	
Primary/preventative care, chronic disease management, geriatric services					
Wildcat Wellness Center		510-879-1868		1023 MacArthur Blvd. Oakland, CA	
Behavioral health services, case management, drop-in urgent care, open 13 hours per week, multilingual staff					
William Byron Rumford Medical Clinic	www.wohc.org/rumford.html	510-549-3166		2960 Sacramento St. Berkeley, CA	
Ambulatory adult medical care					
Hayward Wellness Center at Winton	www.haywardahs.org	510-266-1700		24100 Amador St. Hayward, CA	
Services include adult medical clinic, diabetes management, chest clinic (TB Screening), immunization, laboratory services, medical counseling, podiatry, psychiatry, obstetric. Services are for all including individuals experiencing homelessness.					
Fairmont Hospital and HIV Clinic	www.fairmontahs.org	510-895-4200 510-895-4353 (HIV Clinic)		15400 Foothill Blvd. San Leandro, CA	
Rehabilitation services including the Acute Rehabilitation Center. Inpatient and outpatient services.					
Street Level Health	www.streetlevelhealth.org	510-533-9906		2501 International Blvd. Oakland, CA	Spanish, English, Mongolian, Mam
Weekly health screening/triage clinic and a referral network that connects clients to local community health care providers.					
Substance Abuse					
West Oakland Health Center	www.wohc.org	510-835-9610		700 Adeline St. Oakland, CA 94607	
Methadone maintenance, Options for Recovery Women's Day Treatment					
Second Chance, Inc.	www.secondchanceinc.com	510-792-4357		6330 Thornton Ave. Newark, CA	
Alcohol and substance abuse recovery programs, court-ordered programs, women's recovery program.					
East Bay Community Recovery Project	www.ebcrcp.org	510-446-7100		2579 San Pablo Ave., Oakland, CA 2730 Adeline St., Oakland, CA	
Provide services to help individuals overcome addictions to street drugs, alcohol, tobacco, and prescription medication abuse. Many clients receive care free of charge.					
Community Recovery Center East		510-735-9610		7501 International Blvd. Oakland, CA	
Substance abuse treatment, outpatient services, adolescents.					

East Oakland Recovery Center Outpatient substance abuse treatment, partial hospitalization and day treatment.		510-568-2432	Eastmont Town Center 7200 Bancroft Ave., Suite 176, Oakland, CA
Chrysalis Drug and alcohol prevention, treatment and recovery facility for women (18 years or older)	www.horizonservices.org/chrysalis/	510-450-1192	3837-3845 Telegraph Ave. Oakland, CA
Cronin House Residential treatment program for adult males and females experiencing problems with alcohol or other drugs	http://horizonservices.org/cronin-house/	510-784-5874	2595 Depot Road Hayward, CA
Bonita House, Inc. Inpatient and outpatients programs for individuals with both psychiatric disabilities and substance abuse disorders	www.bonitahouse.org	510-526-4765	1410 Bonita Ave. Berkeley, CA
New Bridge Foundation Offers treatment for individuals with chemical dependencies and mental health needs. Residential and outpatient treatment programs.	www.newbridgefoundation.org	510-548-7270	2323 Hearst Avenue Berkeley, CA
C.U.R.A., Inc. Operates residential and outpatient treatment facilities as well as sober living environments.	www.curainc.com	510-713-3202	4510 Peralta Blvd. Suite 1 Fremont, CA
Cherry Hill Detoxification Services Program Offers a Sobering Unit for individuals needing immediate sobering services (1-23 hours) and a Detox Unit without a Medical Component (3-5 days) for individuals who have completed medical and psychiatric emergency care prior to admittance	www.horizonservices.org	866-866-7496	2035 Fairmont Dr. San Leandro, CA
Phase III		510-763-5713 Men's facility: 510-836-5411 Women's facility: 510-835-4876	1014 21st St. Oakland, CA 94601
Mandana Community Recovery Center Recovery Related Services and Sober Living Environment		510-595-9690	3989 Howe St. Oakland, CA
Behavioral Health			
Casa Del Sol (Mental Health) For Spanish speakers seeking counseling or crisis intervention.	www.laclinica.org/CasaDelSol/	510-535-6200	1501 Fruitvale Ave. Oakland, CA
Alameda Children's Outpatient Services Services include intake, assessment, treatment planning, individual counseling, group counseling, training/education, social/recreation activities, collateral services and crisis intervention.		510-522-4668	1429 Oak St. Alameda, CA
Alameda County Medical Center – John George Psychiatric Pavilion Campus Inpatient services, psychiatric emergency service, psychiatric consultation. Provides services to adults experiencing severe and disabling mental illnesses, regardless of ability to pay.		510-346-7500 510-346-1300	2060 Fairmont Dr. San Leandro, CA
Ann Martin Children's Center Children's psychotherapy services, educational support, parent education	www.annmartin.org	510-655-7880	1375 55th St. Emeryville, CA
Asian Community Mental Health Services Offers multilingual and multicultural care in adult behavioral services, developmental disabilities service, children and youth clinical services, API connections, and family support services.	www.acmhs.org/	510-451-6729	310 8th Street, Suite 201 Oakland, CA
Community Health for Asian Americans Mental health treatment services to adults at risk of homelessness, children, and adolescents, victims of domestic violence, students at the RYSE Center in Richmond and at schools in Alameda and Contra Costa County	www.chaaweb.org	510-835-2777	268 Grand Ave. Oakland, CA
Community Health for Asian Americans Mental health treatment services to adults at risk of homelessness, children, and adolescents, victims of domestic violence, students at the RYSE Center in Richmond and at schools in Alameda and Contra Costa County	www.chaaweb.org	510-233-7555	207 37th St. Richmond, CA
Axis Community Health – Mental Health Services Mental health counseling, teen substance abuse recovery program, DUI classes, drug testing for teens	www.axishealth.org	925-201-6240	6666 Owens Drive Pleasanton, CA
Axis Community Health – Mental Health Services Mental health counseling, DUI classes, drug testing for businesses and adults, adult substance abuse recovery program	www.axishealth.org/	925-201-6240	446 Lindbergh Ave. Livermore, CA
Bay Area Community Health Services (BACS) Mental health case management services, supported housing and wellness centers	www.bayareacs.org	510-613-0330	1814 Franklin Street Fourth Floor, Oakland, CA
Depression and Bipolar Support Alliance - Berkeley Chapter		510-653-2959	Alta Bates Hospital, Herrick Campus

Support group for individuals living with mood disorders. Main meeting is every Thursday evening, 7-9 PM. The Thursday group is open to family and friends, not just those who have mood disorders themselves. A smaller group meets every Saturday from 11 AM to 1 PM. The Saturday group is limited to those who have mood disorders themselves, not family and friends.			Maffly Auditorium (and/or adjoining conference rooms), Lower Level "A" 2001 Dwight Way Berkeley, CA
Davis Street Family Resource Center	www.davisstreet.org	510-347-4620	3081 Teagarden St. San Leandro, CA
Offer behavioral health services, family services, childcare programs, Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges			
East Bay Agency for Children (EBAC)	www.ebac.org	510-268-3770	303 Van Buren Ave. Oakland, CA
Offer mental health counseling at school sites, intensive therapy in specialized classrooms, student and community family support services, child assault prevention training center, and grief and illness support services.			See website for full list of locations
Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges.			
Family Paths Inc.	www.familypaths.org	510-893-9230	1727 Martin Luther King Jr. Way Oakland, CA
Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKs Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families			
Family Paths Inc.	www.familypaths.org	510-582-0148	22455 Maple Ct Ste 402, Hayward, CA
Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKs Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families			
Family Paths Inc.	www.familypaths.org	510-790-3803	39155 Liberty St, Suite #F600 Fremont, CA
Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKs Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families			
Fred Finch Youth Center	www.fredfinch.org	510-482-2244	3800 Coolidge Ave. Oakland, CA
Family services, mental health services, housing, young adult services, residential treatment, and school and educational services.			
La Familia Counseling Services	www.lafamiliacounseling.org	510-881-5921	26081 Mocine Ave. Hayward, CA
Counseling services, community services, family preservation, and developmental services			
Lincoln Child Center	www.lincolnchildcenter.org	510-531-3111	4368 Lincoln Ave. Oakland, CA
Intensive counseling services and early intervention services for children and their families			
NAMI Alameda County	www.nami-alamedacounty.org	510-334-7721	954 60th St. Oakland, CA
The family support groups provide those who attend with the opportunity to ask questions, share their experiences and support each other as they struggle to help and to cope with a family member with a mental illness. Most of the groups are intended for families of an adult with mental illness. There is no charge to attend and information shared at meetings is kept confidential by participants. See website for list of support groups			
Native American Health Center	www.nativehealth.org	510-434-5421 (Oakland) 510-232-7020 (Richmond)	3124 International Blvd. Oakland, CA
Offer counseling services and Native cultural programs to assist with overall wellness.			2566 MacDonald Ave. Richmond, CA
Pacific Center for Human Growth	www.pacificcenter.org	510-548-8283	2712 Telegraph Ave. Berkeley, CA

Offers LGBTQ culturally aware mental health counseling for young people and adults of all ages at affordable sliding scale fees: Individual Counseling, Couples Counseling, Polyamory Relationship Counseling, Family Counseling, HIV+ Mens Group at East Bay AIDS Center(EBAC), Individual Counseling for EBAC Patients, Therapy Group for Youth, and Individual Therapy for Youth

Psychological Services Center 510-628-9065 519 17th St. Suite 210
Oakland, CA

Seneca Center

510-777-5300 8750 Mountain Blvd.
Oakland, CA

Offer case management services, Crisis Services, In Home Safety Aide Program, Multisystemic Therapy (MST), Outpatient Services, Probation Services, Therapeutic Behavioral Services (TBS), Transitional Age Youth Services (TAY)

West Oakland Children's Services 510-465-1800 2730 Adeline St.
Oakland, CA

Provides counseling, crisis intervention, and medication monitoring for children. Services include crisis services, medication support and non-residential outpatient.

Alta Bates Summit Medical Center – Herrick Campus 510-204-4405 2001 Dwight Way
Berkeley, CA

Fully integrated psychiatric facility for adolescents ages 12-17.

Guidance Clinic

510-667-7540 2200 Fairmont Dr.
San Leandro, CA

Provides mental health services to youth at juvenile hall, group and individual counseling, assessments when required

Eden Medical Center – Children's Outpatient Services

510-347-4620 2945 Fairmont Dr.
San Leandro, CA

Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges

www.humecenter.org

Hume Center

510-745-9151 39465 Paseo Padre Pky, Suite 2100
Fremont, CA

school based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff

www.humecenter.org

Hume Center

510-745-9151 24100 Amador St, 3rd Floor
Hayward, CA

school based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff

www.humecenter.org

Hume Center

925-223-8047 5776 Stoneridge Mall Rd., Suite 340
Pleasanton, CA

school based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff

Dental Services

La Clinica De La Raza – Fruitvale

www.laclinica.org 510-535-4700 3050 East 16th St.
Oakland, CA Spanish, English

Dental Exams, fluoride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry

www.laclinica.org

Children's Hospital Oakland - Dental

510-428-3316 747 52nd St.
Oakland, CA

Dental Exams, fluoride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry

Transit Village Dental

www.laclinica.org 510-535-3302 3451 East 12th St.
Oakland, CA

Dental Exams, fluoride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry

www.lifelongmedical.org/Locations/dental-care-office.htm

Lifelong Dental Clinic

510-981-4100 1860 Alcatraz Ave.
Berkeley, CA

Dental hygiene, regular exams and screenings, fillings, dentures, and extractions

Asian Health Services Dental Clinic

www.asianhealthservices.org 510-986-6888 818 Webster St.
Oakland, CA

Primary oral health care with an emphasis on prevention and education

Asian Health Services (AHS) Dental Clinic @ CoA

www.asianhealthservices.org 510-986-6812 555 Ralph Appezato Memorial Pkwy
Building A218
Alameda, CA

Primary oral health care with an emphasis on prevention and education

www.berkeleyfreeclinic.org

Berkeley Free Clinic – Dental

510-548-2570 2339 Durant Ave.
Berkeley, CA

Dental examinations and check-ups, dental cleanings, x-ray services, fillings, and extractions. Lottery system for new patients

Legal/Law Services

<p>Family Violence Law Center Offer free family law attorney service for domestic violence victims in Alameda County and referrals for free legal services in other counties</p>	www.fvlc.org	1-800-947-8301 (24-hour Crisis Line)	470 27th Street Oakland, CA	
<p>Berkeley Rent Stabilization Board Offer counselors who can answer general questions about tenant rights and responsibility. Do not provide legal advice.</p>		510-981-7368	2125 Milvia St. Berkeley, CA	
<p>Eviction Defense Center Offers legal guidance to tenants who have been served with a legal complaint or summons related to their tenancy</p>		510-452-4541	1611 Telegraph Ave. #726 Oakland, CA	
<p>Department of Fair Employment and Housing Investigations into complaints of discrimination in the areas of employment, housing, public accommodations and hate violence.</p>		510-622-2945	1515 Clay St. Suite 701 Oakland, CA	
<p>Disability Rights California Support disabled individuals throughout California with information, advocacy, and individual representation.</p>		510-267-1200	1330 Broadway, Suite 500 Oakland, CA	
<p>Disability Rights Education and Defense Fund Provide legal advocacy in limited situations where a case can have substantial impact on disability rights policy.</p>		510-644-2555	2212 Sixth Street Berkeley, CA	
<p>Alameda County Bar Association Lawyer referral service and free legal assistance to low-income residents in Alameda County in family law, immigration and debt collection.</p>	www.acbanet.org	510-893-7160	70 Washington St. Suite 200 Oakland, CA	
<p>Asian Pacific Islander Legal Outreach Free and sliding-scale legal services to Asian American and Pacific Islander communities in the areas of family law, domestic violence, immigration and immigrant rights, senior law/elder abuse, trafficking.</p>	www.apilegaloutreach.org	510-251-2846	1305 Franklin St., Suite 410 Oakland, CA	Cantonese, Hindi, Ilocano, Japanese, Korean, Mandarin, Spanish, Tagalog, Taiwanese, Vietnamese
<p>Bay Area Legal Aid (BayLegal) Provide legal assistance to low-income people regardless of location. Assist in the areas of housing, public benefits, health access, and domestic violence.</p>	www.baylegal.org	510-663-4744	1735 Telegraph Ave. Oakland, CA	Mandarin, Spanish, Cantonese, Vietnamese
<p>Catholic Charities of the East Bay Legal services available regarding immigration.</p>	www.cceb.org	510-768-3100	433 Jefferson St. Oakland, CA	
<p>International Institute of the Bay Area Provide immigration legal services. Languages spoken: English, Spanish, and Mandarin</p>	www.iibayarea.org	510-451-2846	405 14th St. Suite 500 Oakland, CA	English, Spanish, Mandarin
<p>Alameda County Family Justice Center (ACFJC) Legal Advice Clinic Free civil legal advice provided by a licensed attorney on issues that include domestic violence, family law, guardianships, landlord/tenant and probate. Clinics are held every Tuesday from 9am to Noon.</p>	www.acfjc.org	510-267-8800	470 27th Street Oakland, CA	
<p>Survivor's Employment Law Clinic Held the 2nd and 4th Tuesdays of the month, the Legal Aid Society – Employment Law Center's Project SURVIVE helps ensure that people who experience domestic violence, sexual assault, or stalking can keep their jobs while seeking safety, medical or legal help. Clinics are by appointment only at the ACFJC from 12:30pm to 3:30pm. Information is provided in English and Spanish; for other language needs, please provide advanced notice</p>	www.acfjc.org	510-267-8800	470 27th Street Oakland, CA	
<p>East Bay Community Law Center (EBCLC) Provide legal services to low-income communities in the areas of housing, welfare, HIV/AIDS, homelessness and community economic development.</p>		510-548-4040	2921 Adeline St. Berkeley, CA	
<p>Law Center for Families (LCFF) Provide legal services for low-income families and individuals in Alameda County. Individual representation, advices, referrals and community education regarding housing rights, family law/domestic violence, consumer law, economic supports/public benefits and language access.</p>		510-451-9261 510-763-2169	510 16th Street Suite 300 Oakland, CA	
<p>Law Library</p>		510-208-4800	125 12th St. Oakland, CA	

Public Defender's Office	510-272-6600	1401 Lakeside Dr. Suite 400 Oakland, CA	
Immigration Assistance			
Centro legal de la Raza Legal services for low-income Latin communities. Offer bilingual legal representation, education, community organizing and advocacy	www.centrolegal.org	510-437-1554	3022 International Blvd Ste 410 Oakland, CA
East Bay Sanctuary Covenant Provides sanctuary--support, protection, and advocacy--to low-income and indigent refugees and immigrants. EBSC's work primarily consists of two programs: the Refugee Rights Program and the Community Development and Education program	www.eastbaysanctuary.org	510-540-5296	2362 Bancroft Way Berkeley, CA
Lao Family Community Development Programs and assistance for South East Asian refugee and immigrant communities, and other low-income communities to adapt to life in the United States.	www.lfcd.org	510-533-8850	2325 East 12th Street Oakland, CA
School-based Clinics			
Bohannon Middle School Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC-Women Infants & Children	www.tvhc.org	510-317-5100	800 Bockman Rd. San Lorenzo, CA
Castlemont High School – Youth Uprising Family and primary health care services		510-428-3556	8601 MacArthur Blvd. Oakland, CA
Cesar Chavez Middle School Community health, mental health, and primary healthcare services.		510-219-2014	27845 Whitman St. Hayward, CA
Edendale Middle School Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC-Women Infants & Children	www.tvhc.org	510-317-5100	16160 Ashland Ave. San Lorenzo, CA
Harder Elementary School Behavioral Health, Chronic Conditions, Community Health, Dental Services, Diabetes, Family Health, Family Planning, Immunizations, Mental Health, Pregnancy, Primary Health Care, and Women's Health		510-293-8572	495 Wyeth Rd. Hayward, CA
Hawthorne Elementary School-Based Clinic Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.			Hawthorne Elementary School 1700 28th Ave. Oakland, CA
Hayward Community School Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC-Women Infants & Children		(510) 293-8572	680 W Tennyson Rd. Hayward, CA
Project School Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC-Women Infants & Children		510-537-6572	27035 Whitman St. Hayward, CA
Roosevelt Health Center Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.		510-535-2893	Roosevelt Middle School 1926 E 19th St. Oakland, CA
San Lorenzo High Health Center Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.		510-317-3167	San Lorenzo High School 50 E. Lewelling Blvd. Rm. 2-5 San Lorenzo, CA
Techniclinic Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.	www.tvhc.org	510-450-5421	Oakland Technical High School 4352 Broadway Oakland, CA
Tennyson Health Center		510-471-5880 ex. 3411	Tennyson High School 27045 Whitman St., Room 80 Hayward, CA
			English, Spanish

All services are low-cost or free. Languages spoken: English and Spanish, comprehensive primary care including well child exams, sports physicals, reproductive health, mental health counseling, health education and after school programs.

Winton Middle School

510-862-4263

119 W Winton Ave.
Hayward, CA

Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC- Women Infants & Children

Logan Health Center

www.tvhc.org

510-471-2520

James Logan High School
1800 H Street Rm. 80
Union City, CA

Provides confidential, teen-focused health services, including medical, mental health, health education, reproductive health, and youth and parent programs. Open to current and recent students of James Logan High School in Union City