<table>
<thead>
<tr>
<th>Housing</th>
<th>Website</th>
<th>Telephone</th>
<th>Address</th>
<th>Languages Spoken</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eden Council for Hope &amp; Opportunity (ECHO)</td>
<td><a href="http://www.echofairhousing.org/home.html">www.echofairhousing.org/home.html</a></td>
<td>510-496-0496</td>
<td>1305 Franklin Street #305 Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Offer fair housing counseling/investigation. Landlord/Tenant counseling and dispute resolution. Rent/Deposit Grant Program. Rental Assistance program for Dublin, Livermore, Pleasanton, and San Leandro</td>
<td></td>
<td></td>
<td>3311 Pacific Avenue Livermore, CA</td>
<td></td>
</tr>
<tr>
<td>Satellite Affordable Housing Associates (SAHA)</td>
<td><a href="http://www.sahahomes.org/">www.sahahomes.org/</a></td>
<td>510-647-0700</td>
<td>1521 University Ave., Berkeley, CA</td>
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<tr>
<td>Affordable housing communities. Must meet certain eligibility requirements</td>
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<tr>
<td>Men's Housing Program</td>
<td></td>
<td>510-649-4980 (call by 4 PM)</td>
<td>1631 Center Street Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>Open 5 PM-7 AM daily. Call 1-866-960-2132 for reservation. Offer temporary housing.</td>
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<tr>
<td>Women's Overnight Shelter</td>
<td></td>
<td>510-649-4965</td>
<td>2140 Dwight Way Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>Temporary housing for women. Suitcase Clinic, open for drop-in clients, Mondays 7:30-9:30 PM. Lifelong Medical Care Mondays, 9 AM-1 PM</td>
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<tr>
<td>Building Opportunities for Self-Sufficiency (BOSS)</td>
<td><a href="http://www.self-sufficiency.org">www.self-sufficiency.org</a></td>
<td>510-649-1930</td>
<td>2065 Kittredge Street, Suite E Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>Provide short-term and transitional housing for homeless individuals and families. Operate housing for clients with special needs (short-term and long-term). Also assist in rapid housing.</td>
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<tr>
<td>BOSS Ursula Sherman Village</td>
<td></td>
<td>510-843-3700</td>
<td>711 Harrison St. Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>Sign-up for lottery at 1531 Center St., Berkeley Short-term and transitional housing for men, women, and families.</td>
<td></td>
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<tr>
<td>CityTeam International</td>
<td></td>
<td>510-452-3758</td>
<td>722 Washington (at 7th St) Oakland, CA</td>
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<tr>
<td>Men's Emergency and Transitional Shelter</td>
<td></td>
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<tr>
<td>BOSS Emergency Shelter Family Wing</td>
<td></td>
<td>510-625-4469</td>
<td>711 Harrison St at 4th St. Berkeley, CA</td>
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<tr>
<td>Emergency shelter for families</td>
<td></td>
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<tr>
<td>Henry Robinson Multi-Service Shelter</td>
<td></td>
<td>510-419-1010</td>
<td>559 16th St. &amp; Clay Oakland, CA</td>
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<tr>
<td>Emergency and transitional housing for families or individuals with children</td>
<td></td>
<td></td>
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<tr>
<td>Salvation Army Shelter Program</td>
<td></td>
<td>510-437-9437</td>
<td>2794 Garden St. &amp; E 27th St. Oakland, CA</td>
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<tr>
<td>Shelter program for families or individuals with children</td>
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<tr>
<td>Youth Engagement Advocacy and Housing (YEAH!)</td>
<td></td>
<td></td>
<td>Lutheran Church of the Cross 1744 University Ave. &amp; Grant Berkeley, CA</td>
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<tr>
<td>Mid-November to beginning of May Emergency shelter for ages 18-25</td>
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<td>Pets allowed; showers; hot meals</td>
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<tr>
<td>East Bay Community Recovery Project</td>
<td><a href="http://www.ebcrp.org">www.ebcrp.org</a></td>
<td>510-446-7100</td>
<td>2579 San Pablo Ave. Oakland, CA 2730 Adeline St. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Homelessness prevention and rapid re-housing program. Assist individuals who qualify as homeless and have a co-occurring disorder due to mental illness, chronic drug or alcohol dependence, HIV/AIDS and/or Hepatitis C infection.</td>
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<tr>
<td>A Safe Place</td>
<td><a href="http://www.asafeplacedvs.org">www.asafeplacedvs.org</a></td>
<td>510-636-7233 (24-hour crisis line)</td>
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<tr>
<td>Emergency shelter for women in crisis (and children) who are in danger from domestic violence</td>
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<tr>
<td>Bay Area Community Health Services (BACS)</td>
<td><a href="http://www.bayareacs.org">www.bayareacs.org</a></td>
<td>510-613-0330</td>
<td>1814 Franklin Street Fourth Floor, Oakland, CA</td>
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<tr>
<td>Oakland Winter shelter, Rapid re-housing, homeless outreach programs</td>
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<tr>
<td>Meals</td>
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<tr>
<td>CityTeam International</td>
<td><a href="http://www.cityteam.org/Oakland">www.cityteam.org/Oakland</a></td>
<td>510-452-3758</td>
<td>722 Washington (at 7th St) Oakland, CA</td>
<td></td>
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<tr>
<td>Hot dinner served every day for men, women, and children.</td>
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<tr>
<td>Berkeley Food and Housing Project</td>
<td><a href="http://www.bfhp.org">www.bfhp.org</a></td>
<td></td>
<td></td>
<td>Multi-Service Center 2362 Bancroft Way, Berkeley, CA</td>
</tr>
<tr>
<td>Women's Day Services</td>
<td>Drop-in resource center for women (alone or with children); hot lunch served at noon</td>
<td>510-649-4965</td>
<td>2140 Dwight Way Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>Service Provided</td>
<td>Website</td>
<td>Phone Number</td>
<td>Address</td>
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<tr>
<td>Women's Daytime Drop-In Center (WDDC)</td>
<td><a href="http://www.womensdropin.org">www.womensdropin.org</a></td>
<td>510-548-2884</td>
<td>2218 Acton Street Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>DreamCatcher Youth Support Drop-In Center</td>
<td></td>
<td>510-423-3303</td>
<td>St. Mark’s 2nd Floor 2300 Bancroft &amp; Ellsworth Berkeley, CA</td>
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<tr>
<td>Suitcase Clinic Youth Clinic</td>
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<tr>
<td>Youth Engagement Advocacy and Housing (YEAH!)</td>
<td><a href="http://www.yeah-berkeley.org">www.yeah-berkeley.org</a></td>
<td>510-704-9867</td>
<td>Lutheran Church of the Cross 1744 University Ave. &amp; Grant Berkeley, CA</td>
<td></td>
</tr>
<tr>
<td>St. Vincent de Paul Visitation Center</td>
<td></td>
<td>510-444-3790</td>
<td>2260 San Pablo &amp; West Grand Ave. Oakland, CA</td>
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<tr>
<td>Food Not Bombs</td>
<td><a href="http://www.ebfnb.org">www.ebfnb.org</a></td>
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<tr>
<td>Boys 2 Men Youth Outreach</td>
<td></td>
<td>510-434-0333</td>
<td>5319 Fairfax Ave at Foothill Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Mercy Brown Bag Program</td>
<td><a href="http://www.mercyretirementcenter.org/blog/merrycrossroadsblogprogram.htm">www.mercyretirementcenter.org/blog/merrycrossroadsblogprogram.htm</a></td>
<td>510-534-8540</td>
<td>3431 Foothill Blvd at 35th Ave. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Oakland Catholic Worker</td>
<td><a href="http://www.oaklandcatholicworker.org">www.oaklandcatholicworker.org</a></td>
<td>510-533-7375</td>
<td>4848 International Blvd at 50th Ave. Spanish, English Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Fruitvale Presbyterian Church/Community Outreach Pantry for Emergencies (COPE)</td>
<td></td>
<td>510-530-0915</td>
<td>2735 MacArthur Blvd at Coolidge Ave. Oakland, CA</td>
<td></td>
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<tr>
<td>Shiloh Mercy Ministries</td>
<td></td>
<td>510-436-0390</td>
<td>3300 School St. Oakland, CA</td>
<td></td>
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<tr>
<td>Shiloh Mercy Ministries</td>
<td></td>
<td>510-436-0390</td>
<td>3295 School St. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Shiloh Mercy Ministries</td>
<td></td>
<td>510-567-1300</td>
<td>9440 International Blvd at 95th Ave. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Acts Full Gospel - Feed the Hungry Program</td>
<td></td>
<td>510-638-5912</td>
<td>457 Capistrano Drive at 105th Ave. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>Community Reformed Church</td>
<td><a href="http://www.cooper-cc.org">www.cooper-cc.org</a></td>
<td>510-430-8056</td>
<td>816 98th Ave at San Leandro St. Oakland, CA</td>
<td></td>
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<tr>
<td>East Oakland Boxing Association</td>
<td></td>
<td>510-615-5731</td>
<td>9255 Eden St. at 85th St. Oakland, CA</td>
<td></td>
</tr>
<tr>
<td>East Oakland Multi-Purpose Senior Center</td>
<td></td>
<td>510-652-0789</td>
<td>9841 D St. at 100th Ave. Oakland, CA</td>
<td></td>
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<tr>
<td>Unity Outreach Ministries</td>
<td></td>
<td>510-568-8954</td>
<td>2201 73rd Ave at Arthur St. Oakland, CA</td>
<td></td>
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<tr>
<td>Brookins AME Church</td>
<td></td>
<td>510-562-3201</td>
<td>8411 MacArthur Blvd at 84th Ave. Oakland, CA</td>
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<tr>
<td>Center of Hope Community Church</td>
<td></td>
<td>510-563-5133</td>
<td></td>
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<tr>
<td>Lifelong East Oakland Clinic</td>
<td><a href="http://www.lifelongmedical.org">www.lifelongmedical.org</a></td>
<td>510-560-4300</td>
<td>10700 MacArthur Blvd at 108th Ave. Oakland, CA</td>
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<tr>
<td>Lifelong East Oakland Clinic</td>
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<tr>
<td>Organization</td>
<td>Phone Number 1</td>
<td>Phone Number 2</td>
<td>Address</td>
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<tr>
<td><strong>Project Outreach Inc</strong></td>
<td>510-382-1360</td>
<td></td>
<td>6629 Bancroft Ave. at Havenscourt Blvd.</td>
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<td>Oakland, CA</td>
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<tr>
<td><strong>Grupo de la Comida/CRECE at Santiago Episcopal Church</strong></td>
<td>510-533-2136</td>
<td></td>
<td>1540 12th Ave. at Foothill Blvd.</td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Harbor House</strong></td>
<td>510-534-0165</td>
<td></td>
<td>1811 11th Ave (@ E. 18th St)</td>
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<td></td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Lake Merritt United Methodist Church</strong></td>
<td>510-465-4793</td>
<td></td>
<td>1330 Lakeshore Ave at 1st Ave.</td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Zion's Tabernacle Church OGIC</strong></td>
<td>510-533-2353</td>
<td></td>
<td>2147 E. 15th St. at 22nd Ave.</td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Friendship Christian Church/Gerald Agee Ministries</strong></td>
<td>510-835-8539</td>
<td></td>
<td>1904 Adeline St. at 19th St.</td>
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<td></td>
<td></td>
<td>Oakland, CA</td>
<td></td>
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<tr>
<td><strong>City Team Ministries</strong></td>
<td>510-452-3758</td>
<td></td>
<td>722 Washington St. at 8th St.</td>
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<td>Oakland, CA</td>
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<tr>
<td><strong>Mt. Zion Missionary Baptist Church</strong></td>
<td>510-654-5858</td>
<td></td>
<td>920 Peralta St.</td>
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<td></td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>West Oakland Food Pantry/Prescott Joseph Center</strong></td>
<td>510-208-5651</td>
<td></td>
<td>1320 Webster St. at 13th St.</td>
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<td></td>
<td></td>
<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Downs Memorial United Methodist Church</strong></td>
<td>510-655-1527</td>
<td></td>
<td>3701 Telegraph Ave. at 37th St.</td>
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<td></td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>First African Methodist Episcopal Church</strong></td>
<td>510-639-0578</td>
<td></td>
<td>1203 Willow St. (@13th St.)</td>
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<tr>
<td></td>
<td>510-663-7959</td>
<td></td>
<td>920 Peralta St.</td>
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<tr>
<td><strong>AIDS Project of the East Bay</strong></td>
<td>510-839-0578</td>
<td></td>
<td>1203 Willow St.</td>
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<tr>
<td></td>
<td>510-663-7959</td>
<td></td>
<td>920 Peralta St.</td>
<td></td>
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<tr>
<td><strong>Greater St. Paul Church</strong></td>
<td>510-652-0803</td>
<td></td>
<td>1202 Webster St. at 13th St.</td>
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<td>Oakland, CA</td>
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<tr>
<td><strong>Project Open Hand Food Bank</strong></td>
<td>510-839-0578</td>
<td></td>
<td>1202 Webster St. at 13th St.</td>
<td></td>
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<tr>
<td></td>
<td>510-663-7959</td>
<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>St. Andrew Missionary Baptist Church</strong></td>
<td>510-639-0578</td>
<td></td>
<td>510-663-7959</td>
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<td></td>
<td></td>
<td></td>
<td>1202 Webster St. at 13th St.</td>
<td></td>
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<tr>
<td><strong>Cornerstone Baptist Church</strong></td>
<td>510-530-9166</td>
<td></td>
<td>3612 Patterson St.</td>
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<td></td>
<td>Oakland, CA</td>
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<tr>
<td><strong>Allen Temple Baptist Church</strong></td>
<td>510-544-8910</td>
<td></td>
<td>8501 International Blvd.</td>
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<td>Oakland, CA</td>
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<tr>
<td><strong>Ariel Outreach Mission</strong></td>
<td>510-388-3554</td>
<td></td>
<td>8865 International Blvd.</td>
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<td>Oakland, CA</td>
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<td></td>
<td>510-388-3554</td>
<td></td>
<td>8865 International Blvd.</td>
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<td>Oakland, CA</td>
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</tbody>
</table>

**Notes:**
- **Project Outreach Inc:** Thursdays, 12 PM-3 PM Food Pantry
- **Grupo de la Comida/CRECE at Santiago Episcopal Church:** Fridays, 8-9am (sign up), 11:30am-12pm (food pick up), Must come in the morning to sign-up for food bag
- **Harbor House:** Tues. & Thurs 10 AM-11:30 AM 3-day food supply - MUST make appointment, limit 3 per year. Also have clothing
- **Lake Merritt United Methodist Church:** 2nd Saturday and last Sunday of the month, 12 PM Food Bag, no registration required
- **Zion's Tabernacle Church OGIC:** Every Monday except the 1st of the month. Numbers dispersed at 10 AM, food bag giveaway starts at 1:15 PM. Come early to receive number and be told the time to return.
- **Harbor House:** Tues. & Thurs 10 AM-11:30 AM 3-day food supply - MUST make appointment, limit 3 per year. Also have clothing
- **Lake Merritt United Methodist Church:** 2nd Saturday and last Sunday of the month, 12 PM Food Bag, no registration required
- **Zion's Tabernacle Church OGIC:** Every Monday except the 1st of the month. Numbers dispersed at 10 AM, food bag giveaway starts at 1:15 PM. Come early to receive number and be told the time to return.
- **Friendship Christian Church/Gerald Agee Ministries**
- **City Team Ministries**
- **Mt. Zion Missionary Baptist Church**
- **West Oakland Food Pantry/Prescott Joseph Center**
- **Downs Memorial United Methodist Church**
- **First African Methodist Episcopal Church**
- **AIDS Project of the East Bay**
- **Greater St. Paul Church**
- **Project Open Hand Food Bank**
- **St. Andrew Missionary Baptist Church**
- **Cornerstone Baptist Church**
- **Allen Temple Baptist Church**
- **Ariel Outreach Mission**

**Contact Information:**
- **Project Outreach Inc:** 510-382-1360, 6629 Bancroft Ave. at Havenscourt Blvd, Oakland, CA
- **Grupo de la Comida/CRECE at Santiago Episcopal Church:** 510-533-2136, 1540 12th Ave. at Foothill Blvd, Oakland, CA
- **Harbor House:** 510-534-0165, 1811 11th Ave (@ E. 18th St), Oakland, CA
- **Lake Merritt United Methodist Church:** 510-465-4793, 1330 Lakeshore Ave at 1st Ave, Oakland, CA
- **Zion's Tabernacle Church OGIC:** 510-533-2353, 2147 E. 15th St. at 22nd Ave, Oakland, CA
- **Friendship Christian Church/Gerald Agee Ministries:**
- **City Team Ministries**
- **Mt. Zion Missionary Baptist Church**
- **West Oakland Food Pantry/Prescott Joseph Center**
- **Downs Memorial United Methodist Church**
- **First African Methodist Episcopal Church**
- **AIDS Project of the East Bay**
- **Greater St. Paul Church**
- **Project Open Hand Food Bank**
- **St. Andrew Missionary Baptist Church**
- **Cornerstone Baptist Church**
- **Allen Temple Baptist Church**
- **Ariel Outreach Mission**
East Oakland Switchboard
www.oaklandwiki.org/East_Oakland_Switchboard 510-569-6369 1609 73rd Ave.
Oakland, CA

Grace Baptist Church/Acts of Grace Food Pantry Ministry
510-633-1552 9714 Walter St.
510-504-9348 (Lola Hardy)
Oakland, CA

2nd Wednesday, 12 PM-2 PM USDA Food Pantry - Alameda County Food Bank Registration + I.D.
4th Wednesday 2 PM-4 PM, 2 Food Bags - I.D. required

St. Bernard Catholic Church
1st Thursday, 10:30 AM Food Bag - No registration required

Drop-in Centers
Oakland, CA 94601

Reservation hotline: 1-888-960-2132
Multiservice Center www.bfhp.org

Berkeley Food and Housing Project Drop-in Center (10-2 PM), meal program and assistance finding permanent housing.

BOSS Multi-Agency Service Center (MASC) Drop-in Center for Men & Women
510-843-3700 Basement of 1931 Center St., at MLK
Berkeley, CA

Coalition for Alternatives In Mental Health Drop-in center
510-653-3808 3234 Adeline St.
Berkeley, CA

A Friendly Manor/Place Drop-in Center for Women, Showers, washer/dryer
510-451-8923 2298 San Pablo at 23rd St.
Oakland, CA

Henry Robinson Multi-Service Drop-in Center Drop-in Center for Men and Women, Showers, washer/dryer
510-419-1010 559 16th St. at Clay
Oakland, CA

St. Vincent de Paul CHAMPION Guidance Center Drop-in Center for Men, Showers, washer/dryer
510-877-9218 675 23rd St. & MLK Jr. Way
Oakland, CA

St. Vincent de Paul Visitation Center Drop-in center for Women (alone or with children), Breakfast & lunch in exchange for chore
510-444-3790 2260 San Pablo & West Grand Ave.
Oakland, CA

Women’s Day Services Drop-in resource center for women (alone or with children); hot lunch served at noon
510-649-4965 2140 Dwight Way
Berkeley, CA

Women’s Daytime Drop-In Center (WDDC) www.womensdropin.org Drop-in center for homeless women and children. Provide breakfast and lunch.
510-548-2884 2218 Acton Street
Berkeley, CA

St. Mark’s 2nd Floor
422 Jefferson St. & 5th St.
Oakland, CA

DreamCatcher Youth Support Drop-In Center Drop-in center for ages 13-18 Free dinner, washer/dryer
510-423-3303 St. Mark’s 2nd Floor
2300 Bancroft & Ellsworth
Berkeley, CA

Suitcase Clinic Youth Clinic www.suitcaseclinic.org/youth Drop-in center for ages 13-25 Free dinner
510-243-3303

Medical Services
Adult Day Health Center www.ahschc.org 510-986-8688 275 14th St.
Oakland, CA

Adult Medical Services at Hotel Oakland www.ahschc.org 510-986-8688 275 14th St.
Oakland, CA

General medical care, medical care for seniors, hospitalization and urgent care.

Alameda County Health Care Services www.acgov.org/health 510-532-1930 Oakland, CA

Alameda County Medical Center 510-437-6470 Oakland, CA

Ambulatory adult medical care

Oakland, CA

Asian Health Services Primary health care and dental clinic.
www.asianhealthservices.org 510-986-6880 818 Webster St.
Oakland, CA

Primary health care and dental clinic.

Asian Resource Center Clinic www.asianhealthservices.org 510-986-6830 310 8th St. Suite 103
Oakland, CA

Low cost clinic, primary care services, Cancer screenings, TB screenings, adult immunizations, diabetes, and nutrition.

Axis Community Health www.axishealth.org 925-462-1755 4361 Railroad Ave.

Medical care, mental health counseling, and addiction counseling.

Axis Community Health  www.axishealth.org  925-462-1755  Pleasanton, CA
Medical care, mental health counseling, and addiction counseling.

Behavioral Family Support Services  www.wcoh.org/berk_adult_day.html  510-471-5880  Hayward, CA
Services include Primary care, Women's Health, Adult Medicine, Pediatrics, Dental Care, Pharmacy, Laboratory, and health education. Low income and uninsured.

Services include medical care, prenatal care, dental care, and mental health.

Berkeley Free Clinic  www.berkeleyfreeclinic.org  510-548-2570  2339 Durant Ave. Berkeley, CA
All services are free. Services include medical and dental care, peer counseling, TB/HIV/Hepatitis testing

Berkeley Primary Care  www.lifelongmedical.org  510-204-4666  2001 Dwight Way Berkeley, CA
Services include primary care for adults, women's health services (including pre- and post-natal care), mental health services, HIV/AIDS testing and treatment, podiatry, acupuncture, and chronic disease screenings.

Children's Hospital Medical Center  www.lifelongmedical.org  510-428-3000  747 52nd St. Oakland, CA

City of Berkeley Department of Health Services  http://www.ci.berkeley.ca.us/dhs/  510-881-5300  Berkeley, CA
Public health, mental health, environmental health, and HIV/AIDS prevention services.

Clinica Alta Vista  www.lacinica.org/clinicaaltavista  510-535-6300  1515 Fruitvale Ave. Oakland, CA
Teen health center. Provides comprehensive health services for adolescents and young adults. Services include medical care, family planning, emergency contraception, prevention and treatment of STIs and oral testing for HIV.

Community Health Education  www.lacinica.org/che/  510-535-6400  1531 Fruitvale Ave. Oakland, CA
Health education programs

East Bay Community Recovery Project  www.ebcrp.org  510-448-7100  2579 San Pablo Ave., Oakland, CA
HIV/AIDS care and prevention services. HIV testing and outreach programs. Programs to stop smoking.

Behavioral health, pedo-dental, WIC

Native American Health Center  www.nativehealth.org  510-434-5300 (WIC)  2950 International Blvd. Oakland, CA
Medical, dental, nutrition and fitness

East Oakland Health Center  www.wcoh.org  510-430-9401  7450 International Blvd. Oakland, CA
Services include primary medical care (adult medicine, pediatrics, and obstetrics), dental care, health education and WIC

Eastmont Wellness Center  www.eastmontahs.org  510-567-5700  6955 Foothill Blvd. Oakland, CA
Adult primary care, dental clinic, immunizations, obstetrics, seniors clinic, Immigration clinic, Refugee Health Screening Clinic.

Frank Kiang Medical Center  www.asianhealthservices.org  510-686-6860  250 East 18th St. Oakland, CA
Services include internal medicine, pediatric care, perinatal care, acupuncture, urgent care, behavioral health care, and nutrition counseling.

Highland Outpatient Services  www.lifelongmedical.org  510-437-8500  1411 East 31st St. Oakland, CA

Interim Care Stable Site Clinic/St. Vincent’s  www.lifelongmedical.org  510-636-4236  2272 San Pablo Ave. Oakland, CA
Homeless healthcare, open 7 hours per week.

La Clinica De La Raza – San Antonio Neighborhood Health Center  www.lacinica.org/sanhc/  510-238-5400  1030 International Blvd. Oakland, CA
Primary care clinic, urgent care, family planning services, prenatal care, behavioral health care, pharmacy, and WIC. Multilingual staff

Lifelong Medical Care – Downtown Oakland Clinic  www.lifelongmedical.org  510-451-4270  616 16th St. Oakland, CA
Services include primary care for adults, chronic disease screening and management, mental health services, podiatry, referrals to specialists and social services resources.

Lifelong Medical Care – Howard J. Daniel Clinic  www.lifelongmedical.org  510-881-4100  9533 MacArthur Blvd. Oakland, CA
Services include primary health care for adults and children, women’s health services, mental health services, health education and social services resources.

Lifelong Medical Care – East Oakland Clinic  www.lifelongmedical.org  510-881-4100  10700 MacArthur Blvd., Oakland, CA
Services include primary care for adults, chronic disease screening and management, mental health services, podiatry, referrals to specialists and social services resources.

Lifelong Care—Over 60 Health Center  www.lifelongmedical.org  510-881-4100  3260 Sacramento St. Pleasanton, CA
Services include primary care for seniors, chronic disease screening and management, mental health services, referrals to specialists, health education and social services resources.

Newark Health Center
Services include adult primary care, digital retinal screening, health maintenance, immunizations, laboratory services, mammograms, medical counseling, nutritionist services, obstetrics, orthopedics, podiatry, radiology, TB screening, Women’s health services
510-505-1600
6066 Civic Terrace
Newark, CA

Planned Parenthood – Central Hayward Health Center
Abortion services, birth control, HIV testing, men’s health care, emergency contraception, pregnancy testing, STD testing and treatment, and women’s health care.
510-300-3800
1866 B Street
Hayward, CA

Planned Parenthood – Eastmont Town Center
Abortion referral, birth control, HIV testing, men’s health care, emergency contraception, pregnancy testing, STD testing and treatment, and women’s health care.
510-300-3800
7200 Bancroft Ave.
Oakland, CA 94605

The Edge
Health clinic that recognizes the needs of the LGBTQ community in Alameda County.
510-790-2887
39184 State St.
Fremont, CA

Tiburcio Vasquez Health Center, Inc.
Services include primary care, dental care, behavioral and mental health care, WIC, youth health services, family support services, and community health education.
510-471-5880
33244 Ninth St.
Union City, CA

Tiburcio Vasquez Health Center, Inc. – Hayward
Services include primary care, dental care, behavioral and mental health care, WIC, youth health services, family support services, and community health education.
510-471-5880
22331 Mission St.
Hayward, CA

Tri-City Health Center
Primary care, prenatal care, family planning, behavioral health, pediatrics, nutrition and the Teen City Clinic.
510-770-8040 (appointment line)
39500 Liberty St.
Fremont, CA

Lifelong Medical Care—West Berkeley Family Practice
Services include primary health care for adults and children, chronic disease screening, women’s health services, including pre- and post-natal care, referrals to specialists, mental health services, health education, and social services resources.
510-681-4100
2031 Sixth St., Berkeley, CA
837 Addison St., Berkeley, CA

West Oakland Health Center
Services include adult medicine, obstetrics/gynecology, family planning, pediatrics, dentistry, optometry/ophthalmology, cancer and other health screenings. On-site pharmacy, laboratory, WIC, methadone maintenance
510-835-9610
700 Adeline St.
Oakland, CA 94607

AHS 835 Clinic
Primary/preventative care, chronic disease management, genitric services
510-318-5800
835 Webster St.
Oakland, CA

Wildcat Wellness Center
Behavioral health services, case management, drop-in urgent care, open 13 hours per week, multilingual staff
510-879-1868
1023 MacArthur Blvd.
Oakland, CA

William Byron Rumford Medical Clinic
Ambulatory adult medical care
510-549-3166
2960 Sacramento St.
Berkeley, CA

Hayward Wellness Center at Winton
Services include adult medical clinic, diabetes management, chest clinic (TB Screening), immunization, laboratory services, medical counseling, podiatry, psychiatry, obstetric. Services are for all including individuals experiencing homelessness.
510-895-4200
15400 Foothill Blvd.
San Leandro, CA

Fairmont Hospital and HIV Clinic
Rehabilitation services including the Acute Rehabilitation Center. Inpatient and outpatient services.
510-895-4353 (HIV Clinic)
2601 International Blvd.
Oakland, CA

Street Level Health
Weekly health screening/image clinic and a referral network that connects clients to local community health care providers.
510-533-9906
Spanish, English, Mongolian, Mam

Substance Abuse
West Oakland Health Center
Methadone maintenance, Options for Recovery Women’s Day Treatment
510-835-9610
700 Adeline St.
Oakland, CA 94607

Second Chance, Inc.
Alcohol and substance abuse recovery programs, court-ordered programs, women’s recovery program.
510-792-4357
6330 Thornton Ave.
Newark, CA

East Bay Community Recovery Project
Provide services to help individuals overcome addictions to street drugs, alcohol, tobacco, and prescription medication abuse. Many clients receive care free of charge.
510-446-7100
2579 San Pablo Ave., Oakland, CA
2730 Adeline St., Oakland, CA

Community Recovery Center East
Substance abuse treatment, outpatient services, adolescents.
510-735-9610
7501 International Blvd.
Oakland, CA
East Oakland Recovery Center
Outpatient substance abuse treatment, partial hospitalization and day treatment.
510-568-2432
7200 Bancroft Ave., Suite 176, Oakland, CA

Chrysalis
Drug and alcohol prevention, treatment and recovery facility for women (18 years or older)
www.horizonservices.org/chrysalis/
510-450-1192
3837-3845 Telegraph Ave. Oakland, CA

Cronin House
Residential treatment program for adult males and females experiencing problems with alcohol or other drugs
http://horizonservices.org/cronin-house/
510-784-5874
2965 Depot Road Hayward, CA

Bonita House, Inc.
Inpatient and outpatient programs for individuals with both psychiatric disabilities and substance abuse disorders
www.bonitahouse.org
510-526-4765
1410 Bonita Ave. Berkeley, CA

New Bridge Foundation
Outpatient substance abuse treatment, partial hospitalization and day treatment.
510-548-7270
2323 Hearst Avenue Berkeley, CA

C.U.R.A., Inc.
www.curainc.com
510-713-3202
4510 Peralta Blvd. Suite 1 Fremont, CA

Cherry Hill Detoxification Services Program
Offers a Sobering Unit for individuals needing immediate sobering services (1-23 hours) and a Detox Unit without a Medical Component (3-5 days) for individuals who have completed medical and psychiatric emergency care prior to admittance
www.horizonservices.org
866-866-7496
2035 Fairmont Dr. San Leandro, CA

Phase III
Men's facility: 510-836-5411
Women's facility: 510-835-4876
1014 21st St.
Oakland, CA 94601

Mandana Community Recovery Center
Recovery Related Services and Sober Living Environment
510-595-9690
3869 Howe St.
Oakland, CA

Behavioral Health

Casa Del Sol (Mental Health)
For Spanish speakers seeking counseling or crisis intervention.
www.ladinica.org/CasaDelSol/
510-535-6200
1501 Fruitvale Ave. Oakland, CA

Alameda Children's Outpatient Services
Services include intake, assessment, treatment planning, individual counseling, group counseling, training/education, social/recreational activities, collateral services and crisis intervention.
510-522-4668
1429 Oak St.
Alameda, CA

Alameda County Medical Center – John George Psychiatric Pavilion Campus
Inpatient services, psychiatric emergency service, psychiatric consultation. Provides services to adults experiencing severe and disabling mental illnesses, regardless of ability to pay.
510-348-7500
510-348-1300
2060 Fairmont Dr.
San Leandro, CA

Ann Martin Children's Center
Children's psychotherapy services, educational support, parent education
www.annmartin.org
510-655-7880
1375 55th St.
Emeryville, CA

Asian Community Mental Health Services
Offers multilingual and multicultural care in adult behavioral services, developmental disabilities service, children and youth clinical services, API connections, and family support services.
www.acmhs.org/
510-451-6729
310 8th Street, Suite 201
Oakland, CA

Community Health for Asian Americans
Mental health treatment services to adults at risk of homelessness, children, and adolescents, victims of domestic violence, students at the RYSE Center in Richmond and at schools in Alameda and Contra Costa County
www.chaaweb.org
510-835-2777
268 Grand Ave.
Oakland, CA

Community Health for Asian Americans
Mental health treatment services to adults at risk of homelessness, children, and adolescents, victims of domestic violence, students at the RYSE Center in Richmond and at schools in Alameda and Contra Costa County
www.chaaweb.org
510-233-7555
207 37th St.
Richmond, CA

Axis Community Health – Mental Health Services
Mental health counseling, teen substance abuse recovery program, DUI classes, drug testing for teens
www.axishealth.org
925-201-6240
6666 Owens Drive Pleasanton, CA

Axis Community Health – Mental Health Services
Mental health counseling, DUI classes, drug testing for businesses and adults, adult substance abuse recovery program
www.axishealth.org
925-201-6240
446 Lindbergh Ave.
Livermore, CA

Bay Area Community Health Services (BACS)
Mental health case management services, supported housing and wellness centers
www.bayareaccs.org
510-613-0330
1814 Franklin Street Fourth Floor, Oakland, CA

Depression and Bipolar Support Alliance - Berkeley Chapter
510-653-2959
Alta Bates Hospital, Herrick Campus
Support group for individuals living with mood disorders. Main meeting is every Thursday evening, 7-9 PM. The Thursday group is open to family and friends, not just those who have mood disorders themselves. A smaller group meets every Saturday from 11 AM to 1 PM. The Saturday group is limited to those who have mood disorders themselves, not family and friends.

**Davis Street Family Resource Center**
- [Website](http://www.davisstreet.org)
- 510-347-4620
- 3081 Teagarden St.
- San Leandro, CA

Offer behavioral health services, family services, childcare programs. Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges.

**East Bay Agency for Children (EBAC)**
- [Website](http://www.ebac.org)
- 510-268-3770
- 303 Van Buren Ave.
- Oakland, CA

Offer mental health counseling at school sites, intensive therapy in specialized classrooms, student and community family support services, child assault prevention training center, and grief and illness support services. Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges.

**Family Paths Inc.**
- [Website](http://www.familypaths.org)
- 510-893-9230
- 1727 Martin Luther King Jr. Way
- Oakland, CA

Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKS Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families.

**Family Paths Inc.**
- [Website](http://www.familypaths.org)
- 510-582-0148
- 22455 Maple Ct Ste 402
- Hayward, CA

Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKS Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families.

**Family Paths Inc.**
- [Website](http://www.familypaths.org)
- 510-790-3803
- 39155 Liberty St, Suite #F600
- Fremont, CA

Provide a number of mental health, counseling and therapy services to low income, multi-stressed individuals and families. Services include a 24-hour Family Support & Resource Hotline, a 24-hour Foster Parent Advice Line, Emergency Respite Child Care, CalWORKS Case Management, and Positive Parenting Classes. Also provide counseling for infants, children, adolescents adults and families.

**Fred Finch Youth Center**
- [Website](http://www.fredfinch.org)
- 510-482-2244
- 3800 Coolidge Ave.
- Oakland, CA

Family services, mental health services, housing, young adult services, residential treatment, and school and educational services.

**La Familia Counseling Services**
- [Website](http://www.lafamiliacounseling.org)
- 510-881-5921
- 26081 Mocine Ave.
- Hayward, CA

Counseling services, community services, family preservation, and developmental services.

**Lincoln Child Center**
- [Website](http://www.lincolnchildcenter.org)
- 510-531-3111
- 4368 Lincoln Ave.
- Oakland, CA

Intensive counseling services and early intervention services for children and their families.

**NAMI Alameda County**
- [Website](http://www.nami-alamedacounty.org)
- 510-334-7721
- 954 60th St.
- Oakland, CA

The family support groups provide those who attend with the opportunity to ask questions, share their experiences and support each other as they struggle to help and to cope with a family member with a mental illness. Most of the groups are intended for families of an adult with mental illness. There is no charge to attend and information shared at meetings is kept confidential by participants. See website for list of support groups.

**Native American Health Center**
- [Website](http://www.nativehealth.org)
- 510-343-5421 (Oakland)
- 510-232-7620 (Richmond)
- 3124 International Blvd.
- Oakland, CA

Offer counseling services and Native cultural programs to assist with overall wellness.

**Pacific Center for Human Growth**
- [Website](http://www.pacificcenter.org)
- 510-548-8283
- 2712 Telegraph Ave.
- Berkeley, CA
Offers LGBTQ culturally aware mental health counseling for young people and adults of all ages at affordable sliding scale fees: Individual Counseling, Couples Counseling, Polyamory Relationship Counseling, Family Counseling, HIV+ Mens Group at East Bay AIDS Center (EBAC), Individual Counseling for EBAC Patients, Therapy Group for Youth, and Individual Therapy for Youth.

**Psychological Services Center**

510-628-9065

519 17th St. Suite 210
Oakland, CA

**Seneca Center**

510-777-5300

8750 Mountain Blvd.
Oakland, CA

Offer case management services, Crisis Services, In Home Safety Aide Program, Multisystemic Therapy (MST), Outpatient Services, Probation Services, Therapeutic Behavioral Services (TBS), Transitional Age Youth Services (TAY).

**West Oakland Children's Services**

510-465-1800

2730 Adeline St.
Oakland, CA

Provides counseling, crisis intervention, and medication monitoring for children. Services include crisis services, medication support and non-residential outpatient.

**Alta Bates Summit Medical Center – Herrick Campus**

510-204-4405

2001 Dwight Way
Berkeley, CA

Fully integrated psychiatric facility for adolescents ages 12-17.

**Guidance Clinic**

510-667-7540

2200 Fairmont Dr.
San Leandro, CA

Provides mental health services to youth at juvenile hall, group and individual counseling, assessments when required.

** Eden Medical Center – Children's Outpatient Services**

510-347-4620

2945 Paseo Padre Pky, Suite 2100
Fremont, CA

Mental health assessments, diagnosis and treatment for children experiencing acute behavioral and emotional challenges.

**Hume Center**

510-745-9151

925-223-8047

39465 Paseo Padre Pky, Suite 2100
Fremont, CA

School based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff.

**Hume Center**

510-745-9151

5776 Stoneridge Mall Rd., Suite 340
Pleasanton, CA

School based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff.

**Hume Center**

510-745-9151

24100 Amador St, 3rd Floor
Hayward, CA

School based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff.

**Hume Center**

510-745-9151

39465 Paseo Padre Pky, Suite 2100
Fremont, CA

School based programs, neurobehavioral evaluation services, early childhood services, Contra Costa outpatient program, integrated intensive community outpatient program. Multilingual staff.

**Dental Services**

**La Clinica De La Raza – Fruitvale**

www.ladinica.org

510-535-4700

3050 East 16th St.
Oakland, CA

Spanish, English

Dental Exams, flouride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry.

**Children's Hospital Oakland - Dental**

www.ladinica.org

510-428-3316

747 52nd St.
Oakland, CA

Dental Exams, flouride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry.

**Transit Village Dental**

www.ladinica.org

510-535-3302

3451 East 12th St.
Oakland, CA

Dental Exams, flouride and sealant treatment, cleaning and polishing, dental hygiene, general dentistry.

**Lifelong Dental Clinic**

www.lifelongmedical.org/ Locations/dental

510-881-4100

1860 Alcatraz Ave.
Berkeley, CA

Dental hygiene, regular exams and screenings, filings, dentures, and extractions.

**Asian Health Services Dental Clinic**

www.asianhealthservices.org

510-886-8888

818 Webster St.
Oakland, CA

Primary oral health care with an emphasis on prevention and education.

**Asian Health Services (AHS) Dental Clinic @ CoA**

www.asianhealthservices.org

510-886-6812

555 Ralph Appezzato Memorial Pkwy
Building A219
Alameda, CA

Primary oral health care with an emphasis on prevention and education.

**Berkeley Free Clinic – Dental**

www.berkeleyfreeclinic.org

510-548-2570

2339 Durant Ave.
Berkeley, CA

Dental examinations and check-ups, dental cleanings, x-ray services, filings, and extractions. Lottery system for new patients.
Legal/Law Services

Family Violence Law Center
www.fvlc.org
1-800-847-8301 (24-hour Crisis Line)
470 27th Street
Oakland, CA
Offer free family law attorney service for domestic violence victims in Alameda County and referrals for free legal services in other counties.

Berkeley Rent Stabilization Board
510-681-7368
2125 Milvia St.
Berkeley, CA
Offer counselors who can answer general questions about tenant rights and responsibility. Do not provide legal advice.

Eviction Defense Center
510-452-4541
1611 Telegraph Ave. #726
Oakland, CA
Offers legal guidance to tenants who have been served with a legal complaint or summons related to their tenancy.

Department of Fair Employment and Housing
510-622-2945
1515 Clay St. Suite 701
Oakland, CA
Investigations into complaints of discrimination in the areas of employment, housing, public accommodations and hate violence.

Disability Rights California
510-267-1200
1330 Broadway, Suite 500
Oakland, CA
Support disabled individuals throughout California with information, advocacy, and individual representation.

Disability Rights Education and Defense Fund
510-644-2555
2212 Sixth Street
Berkeley, CA
Provide legal advocacy in limited situations where a case can have substantial impact on disability rights policy.

Alameda County Bar Association
www.acbanet.org
510-893-7160
70 Washington St. Suite 200
Oakland, CA
Lawyer referral service and free legal assistance to low-income residents in Alameda County in family law, immigration and debt collection.

Asian Pacific Islander Legal Outreach
www.apilegaloutreach.org
510-251-2846
1305 Franklin St., Suite 410
Oakland, CA
Free and sliding-scale legal services to Asian American and Pacific Islander communities in the areas of family law, domestic violence, immigration and immigrant rights, senior law/elder abuse, trafficking.

Bay Area Legal Aid (BayLegal)
www.baylegal.org
510-663-4744
1735 Telegraph Ave.
Oakland, CA
Provide legal assistance to low-income people regardless of location. Assist in the areas of housing, public benefits, health access, and domestic violence.

Catholic Charities of the East Bay
www.cceb.org
510-768-3100
433 Jefferson St.
Oakland, CA
Legal services available regarding immigration.

International Institute of the Bay Area
www.iibayarea.org
510-451-2846
405 14th St. Suite 500
Oakland, CA
Provide immigration legal services. Languages spoken: English, Spanish, and Mandarin.

Alameda County Family Justice Center (ACFJC) Legal Advice Clinic
www.acfjc.org
510-267-8800
470 27th Street
Oakland, CA
Free civil legal advice provided by a licensed attorney on issues that include domestic violence, family law, guardianships, landlord/tenant and probate. Clinics are held every Tuesday from 9am to Noon.

Survivor's Employment Law Clinic
www.acfjc.org
510-267-8800
470 27th Street
Oakland, CA
Held the 2nd and 4th Tuesdays of the month, the Legal Aid Society – Employment Law Center’s Project SURVIVE helps ensure that people who experience domestic violence, sexual assault, or stalking can keep their jobs while seeking safety, medical or legal help. Clinics are by appointment only at the ACFJC from 12:30pm to 3:30pm. Information is provided in English and Spanish; for other language needs, please provide advanced notice.

East Bay Community Law Center (EBCLC)
510-548-4040
2921 Adeline St.
Berkeley, CA
Provide legal services to low-income communities in the areas of housing, welfare, HIV/AIDS, homelessness and community economic development.

Law Center for Families (LCFF)
510-451-9261
510-763-2169
Law Library
510-208-4800
125 12th St.
Oakland, CA
Provide legal services for low-income families and individuals in Alameda County. Individual representation, advice, referrals and community education regarding housing rights, family law/domestic violence, consumer law, economic supports/public benefits and language access.
### Immigration Assistance

**Centro legal de la Raza**
Legal services for low-income Latin communities. Offer bilingual legal representation, education, community organizing and advocacy.

http://www.centrolegal.org

**East Bay Sanctuary Covenant**
Provides sanctuary--support, protection, and advocacy--to low-income and indigent refugees and immigrants. EBSC's work primarily consists of two programs: the Refugee Rights Program and the Community Development and Education program.

http://www.eastbaysanctuary.org

**Lao Family Community Development**
Programs and assistance for South East Asian refugee and immigrant communities, and other low-income communities to adapt to life in the United States.

http://www.llcd.org

### School-based Clinics

**Bohannon Middle School**
Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC- Women Infants & Children.

http://www.tvhc.org

**Castlemont High School – Youth Uprising**
Community health, mental health, and primary healthcare services.

**Cesar Chavez Middle School**
Community health, mental health, and primary healthcare services.

**Edendale Middle School**
Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC- Women Infants & Children.

**Harder Elementary School**
Behavioral Health, Chronic Conditions, Community Health, Dental Services, Diabetes, Family Health, Family Planning, Immunizations, Mental Health, Pregnancy, Primary Health Care, and Women's Health

**Hawthorne Elementary School-Based Clinic**
Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.

**Hayward Community School**
Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC- Women Infants & Children.

**Project School**
Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based /School-Linked Services, WIC- Women Infants & Children.

**Roosevelt Health Center**
Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.

**San Lorenzo High Health Center**
Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.

**Techniclinic**
Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.

**Tennyson Health Center**
Physical exams, immunizations, lab testing, prescriptions, birth control and safe sex education, HIV testing, crisis intervention.
All services are low-cost or free. Languages spoken: English and Spanish, comprehensive primary care including well child exams, sports physicals, reproductive health, mental health counseling, health education and after school programs.

**Winton Middle School**
510-862-4263 119 W Winton Ave.
Hayward, CA

Primary Care, Pediatrics, Women's Services, Dental Care, Community Health Education, Family Support Services, School-Based/School-Linked Services, WIC-Women Infants & Children

**Logan Health Center**
www.tvhc.org 510-471-2520
1800 H Street Rm. 80
Union City, CA

Provides confidential, teen-focused health services, including medical, mental health, health education, reproductive health, and youth and parent programs. Open to current and recent students of James Logan High School in Union City.