



NATIVE AMERICAN

PUBLICATIONS RESOURCE LIST



American Indian and Alaska Native Behavioral Health Briefing Book

This 2011 Indian Health Service report has been prepared to benefit a variety of audiences. It offers an introduction and historical background on behavioral health issues of Native Americans. It provides context to the work of behavioral health professionals throughout the Native American health system.

http://www.ihs.gov/newsroom/includes/themes/newihstheme/display_objects/documents/2011_Letters/AIANBHBriefingBook.pdf

American Indian and Alaska Native Culture Card: A Guide to Build Cultural Awareness

A basic guide intended to enhance cultural competence when serving American Indian and Alaska Native communities. It covers regional differences; cultural customs; spirituality; communications styles; the role of veterans and the elderly, and health disparities, such as suicide.

<http://store.samhsa.gov/shin/content/SMA08-4354/SMA08-4354.pdf>

Best Practices in Behavioral Health Services for American Indians and Alaska Natives

The development of this 2005 monograph on best practice behavioral health services for American Indians and Alaska Natives represents the work of many dedicated people from across the country. The publication contains 8 articles.

<http://www.oneskycenter.org/wp-content/uploads/2013/09/BPMonograph3.pdf>

California American Indian Community Health Profile

This 2009 report was created by the California Tribal Epidemiology Center at the California Rural Indian Health Board. It provides information specific to California Native American health and is a resource to improve wellness and prevent disease within communities.

http://www.crihb.org/files/california_community_health_profile_september2009.pdf

Catalogue of Effective Behavioral Health Practices for Tribal Communities

This catalogue is based on criteria developed by participants in the First Nations Behavioral Health Association sponsored Expert Panel meeting in 2008. Many tribes have embraced culturally-based mental health and substance abuse prevention and treatment practices that have proven to be adaptable to local tribal culture and history.

http://www.fnbha.org/pdf/fnbha_catalogue_best_practices_feb%2009.pdf

Community Voices: Integrating Traditional Healing Services for Urban American Indians/ Alaska Natives in Los Angeles County

This 2012 report discusses details related to community perspectives utilizing qualitative methodology. Specifically, community feedback regarding the implementation and utilization of traditional healing services for the Native American population in Los Angeles County with mental health disorders.

http://psbqi.dmh.lacounty.gov/UREP/LA_AI_AN_Report_Feb_2012_final.pdf

Culture and Community: Suicide Prevention Resources for Native Americans in California

A resource guide of statewide suicide prevention marketing and messaging materials to adapt and use to communicate with people in Native American communities. Topics and strength-based principles highlighted in the document include hope, resilience, culture, helping, trust, and warning signs, among others. This 2014 publication aligns with the Know the Signs statewide campaign by the California Mental Health Services Authority (CalMHSA).

<http://calmhsa.org/wp-content/uploads/2014/04/Native-American-Suicide-Prevention-Resources.pdf>

Growing Roots: Native American Evidence-Based Practices

This 2011 special issue of the *Journal of Psychoactive Drugs* explores evidence-based practices for Native Americans. It looks at contemporary behavioral health and substance abuse treatment and prevention practices of Native Americans in a context that is both historical and aware of Native American ways of knowing. It contains 14 articles in which 7 are specific to the California Native American population.

http://www.tandfonline.com/toc/ujpd20/43/4#.U6Npw7Dn_ml

Healing and Mental Health for Native Americans: Speaking in Red

A book that highlights the importance of eliminating health disparities and increasing the access of Native Americans to mental health services. It gives insight to problems encountered and solutions practiced by Native Americans today. Contributing authors present approaches that are rooted in Native American traditions and also innovative to heal Indigenous people.

Nebelkopf, E.; Phillips, M. (Ed.). (2004). *Healing and mental health for Native Americans: speaking in red*. Lanham, MD: Altamira Press.

Mental Health Care for Urban Indians: Clinical Insights from Native Practitioners

A book that addresses the historical impact of colonization and its impact on Native Americans in an urban environment. The chapter authors provide culturally sensitive practice recommendations. The book contains three major sections: 1) Historical and Theoretical Background of Urban American Indian Mental Health, 2) Specific Urban American Indian Treatment Considerations, 3) New Directions for Working with Urban American Indians.

Witko, T. M. (Ed.) (2006). *Mental health care for urban Indians: clinical insights from Native practitioners*. Washington, DC: American Psychological Association.

Mental Health: Culture, Race, and Ethnicity: A Supplement to Mental Health: A Report of the Surgeon General

This Supplement to *Mental Health: A Report of the Surgeon General* (U.S. Department of Health and Human Services [DHHS], 1999) documents the existence of striking disparities for minorities in mental health services and the underlying knowledge base. Racial and ethnic minorities have less access to mental health services than do whites. They are less likely to receive needed care. When they receive care, it is more likely to be poor in quality.

<http://www.ncbi.nlm.nih.gov/pubmed/20669516>

Morning Star Rising: Healing in Native American Communities

This 2003 special issue of the *Journal of Psychoactive Drugs* focuses on healing in Native American communities. Its 12 original articles speak to the importance of addressing the impact of historical trauma in healing Native Americans from mental illness and substance abuse.

http://www.tandfonline.com/toc/ujpd20/35/1#.U6NwELDn_ml

Native American Resource Directory

This resource guide was developed in 2008 by the Inter-Tribal Council of California, Inc. supported by the California Department of Mental Health with Mental Health Services Act funding. The guide was created to provide county mental health departments with information on California Indian Tribes, Tribal programs and Tribal organizations in each county.

http://ionemiwok.org/wp-content/uploads/2012/03/ITCC01_thursday1.pdf

Native Vision: A Focus on Improving Behavioral Health Wellness for California Native Americans

The 2012 *Native Vision* report highlights a culturally competent plan to improve behavioral health and well-being for Native Americans across California. This report brought forward community-defined solutions and recommendations from across the diverse Native American populations of tribal, rural, and urban California.

http://issuu.com/nativeamericanhealthcenter/docs/native_vision_report