<table>
<thead>
<tr>
<th><strong>Contra Costa</strong></th>
<th><strong>Substance Abuse</strong></th>
<th>Website</th>
<th>Telephone</th>
<th>Address</th>
<th>Languages Spoken</th>
</tr>
</thead>
<tbody>
<tr>
<td>East County Wollam House</td>
<td></td>
<td></td>
<td>925-427-1384</td>
<td>510 Wollam Ave. Pittsburg, CA</td>
<td></td>
</tr>
<tr>
<td>Pueblos del Sol</td>
<td></td>
<td></td>
<td>925-676-2580</td>
<td>2090 Commerce Ave. Concord, CA</td>
<td>Spanish, English</td>
</tr>
<tr>
<td>The Center for Recovery</td>
<td><a href="http://www.jmmdhs.com">www.jmmdhs.com</a></td>
<td>925-674-4100</td>
<td>2740 Grant Street Concord, CA</td>
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<tr>
<td>Neighborhood House of North Richmond</td>
<td><a href="http://www.nhnr.org">www.nhnr.org</a></td>
<td>510-229-5000</td>
<td>820 22nd Street Richmond, CA</td>
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<tr>
<td>Ujima West</td>
<td><a href="http://www.ujimafamily.org">www.ujimafamily.org</a></td>
<td>510-215-2280</td>
<td>3939 Bissell Ave. Richmond, CA</td>
<td>See website for further locations</td>
<td></td>
</tr>
</tbody>
</table>

| **Behavioral Health** | | | |
| Contra Costa Health Services – Central County Children’s Mental Health Clinic | www.cchealth.org/mentalhealth/mhsa/pdf/mhsa_services_central_county.pdf | 888-678-7277 925-957-5150 | 2425 Bisso St., Suite 200 Concord, CA | |
| Early Childhood Mental Health Program | www.ecmhp.org | 510-412-8200 | 4101 Macdonald Avenue Richmond, CA | |
| Familias Unidas Counseling and Information Center | www.familias-unidas.org | 510-412-5930 | 205 39th Street Richmond, CA | |
| EMQ FamiliesFirst | www.emqff.org | 925-602-1750 | 2880 Salvio St., Suite 200 Concord, CA | |
| Family Stress Center Counseling | | 925-706-8477 | 315 G St. Antioch, CA | |
| Hume Center | www.humecenter.org | 925-825-1793 | 1333 Willow Pass Rd, Suite 102 Concord, CA | |
| Hume Center | www.humecenter.org | 925-432-4118 | 555 School St. Pittsburg, CA | |
| Lutheran Social Services: Teens Talking Together Program | | 925-825-1060 | | |
| NAMI Contra Costa County | www.namicontracosta.org | 925-465-3864 | 550 Patterson Blvd. Pleasant Hill, CA | |
| New Directions Counseling Center | www.ndcounselingcenter.org | 925-798-7500 | 996 Oak Grove Rd. Concord, CA | |
Outpatient counseling and mental health services.

**Northern California Family Center**  
www.ncfc.us  
925-370-1990  
2244 Pacheco Blvd.  
Martinez, CA  
Provides counseling services for children and adolescents, individuals, parents, couples and families. Helps with a wide variety of problems ranging from depression and anxiety, domestic violence and abuse, to personal growth and development. Provides temporary, emergency shelter for youth between the ages of 9-17.

**Stepping Stones Counseling Services**  
www.cvsolutions.org/stepstones.htm  
800-670-7273 (Antioch)  
800-403-6111 (Concord)  
Specializes in providing counseling for people whose lives have been affected by sexual assault. Services are available to child, adolescent and adult survivors of recent or past rape, incest, molestation or other forms of sexual abuse, as well as to friends or family members of sexual assault survivors.

**Touchstone Counseling Services**  
www.touchstonecounseling.com  
925-932-0150  
140 Mayhew Way, Suite 606  
Pleasant Hill, CA  
Individual, couples and group therapy and anger management classes.

**Turning Point Counseling Center**  
1-800-799-6599  
2047 Arnold Industrial Way #C  
Concord, CA  
Emergency shelter for single men, single women and single pregnant women, over 18 years old. The emergency shelter program for adults operates at two sites in the unincorporated areas of Concord and Richmond. Each facility has the capacity to serve 75 individual men and women, including a specialized program for those 18-21. The emergency shelter is a 24-hour facility that emphasizes case management and wrap-around services. Meals, laundry facilities, mail, and telephones all also provided. Residents are allowed to stay up to 120 days if involved in case management.

**Ujima Family Recovery Services**  
www.ujimafamily.org  
510-236-0399  
1901 Church Lane  
San Pablo, CA  
The Family Education Program is a primary prevention program with a special focus on children. Through its counseling services, it promotes healthier patterns of behavior in children, parents and families. The Kids’ Group is open to children ages 6-14 whose parents have or have had a drug and/or alcohol problem. In age appropriate weekly groups, children are offered information and activities regarding chemical dependency, feelings, denial, defenses, self-care and self-esteem.

**Housing**

**East County Multi-Service Center**  
925-778-3750  
1401 W 4th St  
Antioch, CA  
provide long-term, comprehensive care to women and children experiencing homelessness due to poverty, addiction, domestic violence, and other threats.

**Shepherd's Gate**  
www.shepherdsgate.org  
925-308-7507 Ext. 307  
605 Sycamore Ave.  
Brentwood, CA  
Emergency shelter for single men, single women and single pregnant women, over 18 years old. The emergency shelter program for adults operates at two sites in the unincorporated areas of Concord and Richmond. Each facility has the capacity to serve 75 individual men and women, including a specialized program for those 18-21. The emergency shelter is a 24-hour facility that emphasizes case management and wrap-around services. Meals, laundry facilities, mail, and telephones all also provided. Residents are allowed to stay up to 120 days if involved in case management.

**Concord Shelter**  
1-800-799-6599  
2047 Arnold Industrial Way #C  
Concord, CA  
The Haven’s 16-bed Sojourner House provides temporary shelter for homeless families in a safe, supportive environment. With separate bedrooms for family units, a stocked kitchen, three full baths, and laundry facilities, Sojourner House is the only homeless shelter in the Tri-Valley Area that accepts two-parent families, single fathers with children, and families with teenage boys. The shelter’s on-site staff is available 24 hours a day, seven days a week.

**Stand! Against Domestic Violence**  
www.standagainstdv.org  
925-676-2845  
1410 Danzig Plaza  
Concord, CA  
Accommodating up to 9 families and 4 single women at the Rollie Mullen Center, this program includes on-site peer counseling, comprehensive case management, support groups, children's programming, and recreational activities for the family, as well as ongoing workshops on a range of topics relating to financial, parental, and life skills, for up to 2 years.

**Shepherd's Gate**  
www.shepherdsgate.org  
925-443-4283  
925-487-4147  
1660 Portola Ave.  
Livermore, CA  
Emergency shelter for single men, single women and single pregnant women, over 18 years old. The emergency shelter program for adults operates at two sites in the unincorporated areas of Concord and Richmond. Each facility has the capacity to serve 75 individual men and women, including a specialized program for those 18-21. The emergency shelter is a 24-hour facility that emphasizes case management and wrap-around services. Meals, laundry facilities, mail, and telephones all also provided. Residents are allowed to stay up to 120 days if involved in case management.

**Tri-Valley Haven**  
www.trivalleyhaven.org  
925-449-5842  
3663 Pacific Avenue  
Livermore, CA  
The Haven’s 16-bed Sojourner House provides temporary shelter for homeless families in a safe, supportive environment. With separate bedrooms for family units, a stocked kitchen, three full baths, and laundry facilities, Sojourner House is the only homeless shelter in the Tri-Valley Area that accepts two-parent families, single fathers with children, and families with teenage boys. The shelter’s on-site staff is available 24 hours a day, seven days a week.

**Bay Area Rescue Mission**  
www.bayarearescue.org  
510-215-4860  
200 MacDonald Avenue  
Richmond, CA  
Emergency shelter for single men, single women and single pregnant women, over 18 years old. The emergency shelter program for adults operates at two sites in the unincorporated areas of Concord and Richmond. Each facility has the capacity to serve 75 individual men and women, including a specialized program for those 18-21. The emergency shelter is a 24-hour facility that emphasizes case management and wrap-around services. Meals, laundry facilities, mail, and telephones all also provided. Residents are allowed to stay up to 120 days if involved in case management.
Single men - arrive at 200 MacDonald by 6 PM
Single women, families - Please call (510) 215-4860 for shelter-bed availability
Dinner every night at 7 PM

Greater Richmond Interfaith Program (GRIP)  www.gripcommunity.org  510-233-2141
provides emergency shelter and transitional housing for families with children (75 year-round beds).
Shelter residents receive three meals a day

Brookside Shelter  1-800-799-6599
Provides an emergency shelter for men, women, and families. Must 18 years or older

Meals

Dinner served every night at 7:00 PM

Greater Richmond Interfaith Program (GRIP)  www.gripcommunity.org  510-233-2141
provides free, nutritious hot lunches to all hungry individuals and families. Lunch is served from 11:30 a.m. to 12:45 p.m. every day of the year

Loaves and Fishes of Contra Costa County  www.loavesfishescc.org  925-754-8381
All dining rooms operated by Loaves and Fishes are open 11 AM-12:45 PM, Monday-Friday

Loaves and Fishes of Contra Costa County  www.loavesfishescc.org
All dining rooms operated by Loaves and Fishes are open 11 AM-12:45 PM, Monday-Friday

Loaves and Fishes of Contra Costa County  www.loavesfishescc.org  925-372-6760
All dining rooms operated by Loaves and Fishes are open 11 AM-12:45 PM, Monday-Friday

Medical Services

Antioch Health Center  www.cchealth.org  925-427-8585
3505 Lone Tree Way Suite 1
Antioch, CA

BAART Community HealthCare Clinic - Antioch  www.baarthealthcare.org  925-522-0124
3707 Sunset Lane
Antioch, CA

BAART Community HealthCare Clinic - Richmond  www.baarthealthcare.org  510-232-0874
1313 Cutting Blvd.
Richmond, CA

Bay Point Community Wellness Center  www.cchealth.org  925-427-8300
215 Pacifica Ave.
Bay Point, CA

Brentwood Health Center  www.cchealth.org  925-513-6810
171 Sand Creek Rd. Suite A
Brentwood, CA

Brookside Community Health Center  www.brooksideclinic.org  510-215-9092
2023 Vale Rd. Suite 107
San Pablo, CA
Central Richmond Center  www.brooksideclinic.org  510-215-5001  1030 Nevin Ave.  Richmond, CA
Adult medicine, pediatrics, prenatal/postnatal care

Community Practice Clinic Antioch  www.cchealth.org  1-800-232-4636  1104 Buchanan Rd. Suite C10  Antioch, CA
24-Hour Emergency Services, Alcohol & Other Drugs Services, Birth Certificates, Black Infant Health, Breastfeeding, California Children Services, Cardiopulmonary, Child Health and Disability Prevention (CHDP), Children's Oral Health Program, Communicable

Community Practice Clinic Concord  www.clinicconsortium.org  925-429-6409  1135 Lacey Lane  Concord, CA

Community Practice Clinic Richmond - San Pablo  www.cchealth.org  510-231-1200  2970 Hilltop Mall Rd. Suite 307  San Pablo, CA

Concord Clinic - RotaCare Bay Area, Inc.  www.rotacarebayarea.org  925-429-6409  1135 Lacey Lane  Concord, CA
Urgent care clinic, referrals to community resources. Adults only, dispense medications relating to urgent care treatment.

Concord Health Center  www.cchealth.org  925-646-5580  3052 Willow Pass Rd.  Concord, CA

Concord RotaCare Women's Clinic  www.rotacarebayarea.org  925-429-6409  3950 Clayton Rd.  Concord, CA
Gynecological exams, Pap smears, breast exams, pelvic exams, Women's health and wellness resources

Contra Costa County Health Services Department - Martinez  www.cchealth.org  925-313-6000  50 Douglas Dr.  Martinez, CA

El Cerrito Health Center  www.cchealth.org  925-646-5580  988 Oak Grove Rd.  Concord, CA

Homeless Respite Care and Shelter Clinic - Concord  www.cchealth.org  925-313-6000  2047 Arnold Industrial Way  Concord, CA
Case management, Medical care, Enrollment in Benefits and health coverage. Referral for alcohol/other drugs detox and residential treatment services, Meals, Housing search assistance

Immunizations, Physical Exams, Lab Tests, Services for Chronic Illnesses, Pregnancy Testing, Pregnancy Options Counseling, Prenatal and Postnatal Care, Suicide Prevention and Counseling, Contraception, Sexually Transmitted Diseases Prevention

La Clinica Pittsburg  www.laclinica.org  925-431-1230  2240 Gladstone Dr. Suite 4  Pittsburg, CA
Immunizations, Physical Exams, Lab Tests, Services for Chronic Illnesses, Pregnancy Testing, Pregnancy Options Counseling, Prenatal and Postnatal Care, Suicide Prevention and Counseling, Contraception, Sexually Transmitted Diseases Prevention

LifeLong Medical Care - Richmond  www.lifelongmedical.org  510-236-0886  2600 MacDonald Ave. Suite B  Richmond, CA
Primary health care for adults, prenatal care, patient advocacy, immunizations, patient assistance, and health education

Martinez Health Center  www.cchealth.org  925-370-5520  2500 Alhambra Ave.  Martinez, CA

Mobile Clinic Site  www.cchealth.org  925-313-6166  See website for locations
24-Hour Emergency Services, Alcohol & Other Drugs Services, Birth Certificates, Black Infant Health, Breastfeeding, California Children Services, Cardiopulmonary, Child Health and Disability Prevention (CHDP), Children's Oral Health Program, Communicable

North Richmond Center for Health  www.cchealth.org  510-374-7330  1501 3rd St.  North Richmond Center for Health

**Pittsburg Clinic - RotaCare Bay Area, Inc.**
www.rotacarebayarea.org  925-439-2009  2210 Gladstone Dr.
Pittsburg, CA
Referrals to community resources; Adults only; Clinic staffed entirely by volunteers

**Pittsburg Health Center**
www.cchealth.org  925-431-2300  2311 Lovtridge Rd.
Pittsburg, CA

**Planned Parenthood - Antioch Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
2210 Gladstone Dr.

**Planned Parenthood - Central Richmond Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
510-232-1250
340 Marina Way
Richmond, CA

**Planned Parenthood - Concord Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
925-676-0300
2185 Pacheco St.
Concord, CA

**Planned Parenthood - El Cerrito Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
510-527-5806
320 El Cerrito Plaza
El Cerrito, CA

**Planned Parenthood - Hilltop-Richmond Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
510-222-5290
2970 Hilltop Mall Rd. #307
Richmond, CA

**Planned Parenthood - Pittsburg Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
925-439-1237
3715 Railroad Ave. Suite B
Pittsburg, CA

**Planned Parenthood - San Ramon Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.
925-838-2108
130 Ryan Industrial Court #115
San Ramon, CA

**Planned Parenthood - Walnut Creek Health Center**
Abortion Services, Birth Control, HIV Testing and services, LGBT Services, Men's Health Care, Morning-After Pill(Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women’s Health Care.

**Richmond Clinic - RotaCare Bay Area, Inc.**
www.rotacarebayarea.org  510-213-6678  2727 MacDonald Ave
Richmond, CA
Urgent care clinic; Pre-school exams and immunizations; Well-child exams; Free prescriptions when available; Referrals to community resources; Referrals for minor surgery, podiatry, optometry, lab and x-ray services; Free weekly health education classes;

**Richmond Health Center**
www.cchealth.org  510-231-1200  100 38th St.
Richmond, CA

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**Dental Services**

**Bay Point Family Health Center**
www.cchealth.org/centers/baypoint.php  925-427-8302  215 Pacifica Avenue
Bay Point, CA
Children's Dental services (18 yrs. of age and under)

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Website</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Martinez Dental Clinic</td>
<td><a href="http://www.cchealth.org/centers/martinez.php">www.cchealth.org/centers/martinez.php</a></td>
<td>925-370-5300</td>
<td>2500 Alhambra Avenue Martinez, CA</td>
</tr>
<tr>
<td>Pittsburg Dental Clinic</td>
<td><a href="http://www.cchealth.org/centers/pittsburg.php">www.cchealth.org/centers/pittsburg.php</a></td>
<td>925-431-2501</td>
<td>2311 Loveridge Road Pittsburg, CA</td>
</tr>
<tr>
<td>West County Health Center</td>
<td><a href="http://www.cchealth.org/centers/wchc.php">www.cchealth.org/centers/wchc.php</a></td>
<td>510-231-9400 or 1-800-495-8885</td>
<td>13601 San Pablo Ave. San Pablo, CA</td>
</tr>
<tr>
<td>Brookside Dental Care</td>
<td><a href="http://www.lifelongmedical.org">www.lifelongmedical.org</a></td>
<td>510-231-9814 ext.314</td>
<td>2023 Vale Road, Suite 107 San Pablo, CA</td>
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</tbody>
</table>

Dental services includes preventive, restorative, and emergency care for children ages 0-18 and adults (on a limited basis). Specific procedures may include treatment of caries (cavities), sealants for children, fillings, molar root canals, crowns and bridges and full and partial dentures. Each patient and caregiver also receives education and information about good oral health and disease prevention strategies.

La Clínica de la Raza - Monument

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Website</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>La Clínica de la Raza - Monument</td>
<td><a href="http://www.laclinica.org/Monument">www.laclinica.org/Monument</a></td>
<td>925-363-1256</td>
<td>2000 Sierra Road Concord, CA</td>
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</table>

La Clínica de la Raza - Pittsburg

<table>
<thead>
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<th>Website</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>La Clínica de la Raza - Pittsburg</td>
<td><a href="http://www.laclinica.org/PittsburgDental">www.laclinica.org/PittsburgDental</a></td>
<td>925-431-1250</td>
<td>335 East Leland Road Pittsburg, CA</td>
</tr>
</tbody>
</table>

Full scope of primary oral health care with a strong emphasis on prevention and education. Programs include in house advanced specialty care including on-site specialists in pediatrics, prosthodontic, periodontist, and oral surgery.

**Immigration Assistance**

<table>
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<tr>
<th>Organization</th>
<th>Website</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bay Area Legal Aid - Contra Costa County</td>
<td><a href="http://baylegal.org/locations-2/contra-costa-county">http://baylegal.org/locations-2/contra-costa-county</a></td>
<td>510-250-5270 or 925-219-3325</td>
<td></td>
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