



**SAN FRANCISCO
HEALTH PLAN™**

Here for you



**NATIVE AMERICAN
HEALTH CENTER**

SF CONSORTIUM SOCIAL NEEDS RESOURCE GUIDE UPDATED April 2, 2020

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This is a live document. Staff will be updating resources as frequently as possible.

HEALTH CARE COVERAGE

Organization	Website	Customer Care/Member Service Phone Number
San Francisco Community Clinic Consortium (SFCCC)	https://www.sfccc.org/	(415) 355-2222
San Francisco Health Plan (SFHP)	https://www.sfhp.org/	(415) 547-7800
Covered California	https://www.coveredca.com/	(800) 300-1506 TTY: (888) 889-4500
San Francisco Community Health Center	https://sfcommunityhealth.org/	(415) 292-3400
BAART Community HealthCare (BHC)	https://baarthhealthcare.org/	San Francisco/Market St. (415) 863-3883 San Francisco/Turk St. (415) 928-7800
HealthRIGHT 360	https://www.healthright360.org/	(415) 762-3700
Mission Neighborhood Health Center (MNHC)	http://www.mnhc.org/	(415) 552-3870
Native American Health Center (NAHC)	http://www.nativehealth.org/	(415) 417-3501
North East Medical Services (NEMS)	https://www.nems.org/	(415) 391-9686
Planned Parenthood of Northern California	https://www.plannedparenthood.org/planned-parenthood-northern-california	1-800-230-7526
St. Anthony's Medical Clinic	https://www.stanthonysf.org/medical-clinic/	(415) 241-8320
San Francisco Health Network	https://www.sfhealthnetwork.org/	(415) 206-7800
South of Market Health Center	http://www.smhcsf.org/	(415) 503-6000
Women's Community Clinic	http://womenscommunityclinic.org/	(415) 379-7800

FOOD INSECURITY

Resource	Description	Website
CalFresh	<ul style="list-style-type: none"> • CalFresh, known federally as the Supplemental Nutrition Assistance Program or SNAP, provides monthly food benefits to individuals and families with low-income and provides economic benefits to communities. 	https://www.cdss.ca.gov/inforesources/calfresh
Martin De Porres House of Hospitality	<ul style="list-style-type: none"> • Will provide one bagged meal per day. • On Sunday and Monday will serve oatmeal starting at 9:00 am • Tuesday through Saturday will serve a hearty lunch starting at 12:00. 	https://martindeporres.org/
Meals on Wheels San Francisco	<ul style="list-style-type: none"> • 60 years of age or older • Living in San Francisco • Additional factors contributing to eligibility may include: <ul style="list-style-type: none"> ○ Being homebound or needing help leaving your home ○ Unable to prepare meals or shop for yourself ○ Recent hospital stay or ongoing health problems ○ Primarily living alone or with a caregiver 	https://www.mowssf.org/
Project Open Hand	<ul style="list-style-type: none"> • Prepares more than 2,500 life-sustaining meals with love every day to help people fight illness and cope with the challenges of aging. <ul style="list-style-type: none"> ○ Also provides healthy groceries to more than 200 clients a day. • San Francisco resident seniors (60 years or older) and adults with disabilities (18 – 59 years old) 	https://www.openhand.org/get-meals How to Apply

<p>St. Anthony's Dining Room</p>	<ul style="list-style-type: none"> • Meals will be distributed from the Dining Room entrance on Jones Street and/or Golden Gate Avenue. • Meals will continue to be prepared fresh daily, but will be packaged in to-go containers for guests. • Each guest will be limited to one pre-packaged meal. 	<p>https://www.stanthonysf.org/dining-room/</p>
<p>SF Marin Food Bank</p>	<ul style="list-style-type: none"> • Launching pop-up food pantries • Supporting existing pantries • Home-delivering to the most vulnerable • Focusing on safety 	<p>https://www.sfmfoodbank.org/</p> <p>Food Locator</p>
<p>SFUSD San Francisco Unified School District</p>	<ul style="list-style-type: none"> • Serving free meals each day for 18yo and under. <ul style="list-style-type: none"> ○ Shelf-stable meals will also be available. • No identification or proof of school enrollment is required. <ul style="list-style-type: none"> ○ Adults can now pick up meals for children without a child present. ○ Families will not need to enter the school building for pick-up. 	<p>List of Free Grab and Go Meal Sites</p> <p>Flyers of Sites in Multiple Languages</p>

Farmers' Markets (accepts SNAP/CalFresh/Food Stamps and WIC):

Farmers' markets are an essential service and will remain open to provide food. Please make sure to follow all COVID-19 rules and guidelines specific to the farmers market you attend.

- No sampling
- Wash food before eating
- Always practice social distancing, stay at least 6 feet apart
- Hand Hygiene
- If you are sick or high-risk, please stay home and take care of yourself.

Location	Description/Hours of Operations	Website
Market Match	Market Match is California's healthy food incentive program, which matches customers' federal nutrition assistance benefits, like CalFresh and WIC, at farmers' markets.	https://marketmatch.org/ FARMERS' MARKET FINDER
AIM Agricultural Institute of Marin Clement St. Farmers Market Stonestown Farmers Market	Every Sunday, 9:00 am to 2:00 pm Every Sunday, 9:00 am to 1:00 pm	https://agriculturalinstitute.org/our-markets/ COVID-19 Guidelines for AIM Farmers Markets
CUESA Ferry Plaza Farmers Market	Sat 8am–2pm Tue & Thu 10am–2pm	https://cuesa.org/markets/ferry-plaza-farmers-market COVID-19 Response and Updates
Heart of the City UN Civic Center Plaza	Sundays 7AM – 5PM Wednesdays 7AM – 5:30PM Fridays Closed	http://heartofthecity-farmersmar.squarespace.com/ COVID-19 Information

FINANCIAL INSTABILITY

Resource	Description
California COVID-19 Response Financial Help	<p>If you have been financially affected by COVID-19, you may be eligible for:</p> <ul style="list-style-type: none"> • Unemployment insurance • Paid family leave • Disability Insurance • Relief from financial institutions • Statewide moratorium on evictions
Labor & Workforce Development Agency	<p>Benefits for Workers Impacted by COVID-19</p> <p>What employees are entitled to may be confusing. The purpose of this information is to make it easier to understand what resources may be available.</p>

CHILDREN AND SCHOOL BASED SERVICES

Resource	Description
BrainPOP	Helping kids understand their world: video explaining COVID-19
CDC Coping After a Disaster	Activity book for children in coping after a disaster
The Department of Children, Youth and Their Families DCYF	<p>Learning Resources for Families:</p> <ul style="list-style-type: none"> • Talking with children and youth about COVID-19 • Distance learning • Curriculum Guides • Guide for working from home with kids
Internet Essentials	Many schools are offering curriculum and other online resources. Internet Essentials is offering 2 free months of internet service.
Safe and Sound	Parental Stress Support Line: Free 24-hour parental support. (415) 441-5437
SF Diaper Bank	Free diaper pick-up at five locations. Recommend calling prior to pick-up for hours.
SFUSD COVID - 19 Resources for Families and Students	Updates on school closures, digest for families, free meals and resources for learning.

INTIMATE PARTNER ABUSE/ DOMESTIC VIOLENCE

Resource	Description
Futures Without Violence	Information on COVID-19 for survivors, communities and DV/SA programs

CRISIS SUPPORT SERVICES

Resource	Description
Institute on Aging	800-971-0016 Institute on Aging's 24-hour toll-free Friendship Line is for people aged 60 years and older, and adults living with disabilities.
Suicide Prevention LifeLine	1-800-273-8255 The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

PET CARE

Resource	Description
SF SPCA COVID-19	Hospital: Currently, open for emergencies only. Urgent care hours are: Pacific Heights Campus 7am-10pm, 7 days a week Mission Campus 8am-6pm, 7 days a week. Online pharmacy and pet supply store is open 24/7. Adoptions: Our Adoption Center is closed until April 7, but our lifesaving work continues. Stay tuned for updates.